Florida Department of Education

COURSE DESCRIPTION - GRADES 9-12, ADULT SUGGESTED COURSE PERFORMANCE OBJECTIVES

Subject Area: Supported Levels: 9-12

Course Number: 7961010

Course Title: Academic Skills for Functional Living

Previous Course Title: Basic Academic Skills

Credit: Multiple

A. Major Concepts/Content. The purpose of this course is to provide instruction in academic concepts and skills to enable students with disabilities to function at their highest levels and participate effectively in the community. Emphasis will be placed on the practical application of academic skills as they relate to daily living tasks of personal life and the workplace.

The content should include, but not be limited to, the following:

- communication skills
- mathematical skills
- problem solving

This course shall integrate the Sunshine State Standards and Goal 3 Student Performance Standards of the Florida System of School Improvement and Accountability as appropriate to the individual student and to the content and processes of the subject matter. Students with disabilities shall:

- CL.A.1.Su.1 complete specified Sunshine State Standards with modifications and guidance and support as appropriate for the individual student.
- **B.** Special Note. This entire course may not be mastered in one year. A student may earn multiple credits in this course. The particular course requirements that the student should master to earn each credit must be specified on an individual basis. Multiple credits may be earned sequentially or simultaneously.

This course is primarily designed for students functioning at supported levels, who are generally capable of living and working with ongoing supervision and support. Three levels of functioning, independent, supported, and participatory, have been designated to provide a way to differentiate benchmarks and course requirements for students with diverse abilities. Individual students may function at one level across all areas, or at several different levels, depending on the requirements of the situation.

This course may also be used to accommodate the range of abilities within the population of students with disabilities. The particular benchmark for a course requirement should be selected for individual students based on their levels of functioning and their desired post-school outcomes for adult living and employment specified in the Transition Individual Educational Plan.

The level of functioning should be determined for each course requirement or performance objective. The key to determining the level is consideration of the amount of additional support and assistance that *must* be provided for the student. This support and assistance must be *beyond* what is typically provided for nondisabled individuals in performing the same type of behaviors or tasks. The following guidelines may be used to assist this process.

- For requirements/objectives mastered at the Independent Level, students are expected to be able to perform the behaviors identified for each benchmark *on their own* once they have mastered the knowledge and skills.
- For requirements/objectives mastered at the Supported Level, mastery should be determined with consideration of the amount and type of *guidance and support* necessary to the student to perform the behavior. This generally consists of some type of prompting or supervision.
 - Physical prompt—a touch, pointing, or other type of gesture as a reminder Verbal prompt—a sound, word, phrase, or sentence as a reminder
 - Visual prompt—color coding, icons, symbols, or pictures as a reminder
 - Assistive technology—an alarm, an electronic tool
 - Supervision—from occasional inspection to continuous observation
- For requirements/objectives mastered at the Participatory Level, mastery should be determined with consideration of the amount and type of *assistance* necessary to the student to participate in the performance of the behavior.
 - Physical assistance—from a person, such as full physical manipulation, partial movement assistance
 - Assistive technology—full: props, bolsters, pads, electric wheelchair; partial: straps, lapboards, adapted utensils

The performance objectives are designed to provide teachers with ideas for short-term objectives for instructional planning. The performance objectives are not intended to be exhaustive of all the possible short-term objectives a student may need in this multiple credit course. Other objectives should be added as required by an individual student.

Instructional activities involving practical applications of course requirements may occur in naturalistic settings in home, school, and community for the purposes of practice, generalization, and maintenance of skills. These applications may require that the student acquire the knowledge and skills involved with the use of related technology, tools, and equipment.

C. Course Requirements. These requirements include, but are not limited to, the benchmarks from the Sunshine State Standards for Special Diploma that are most relevant to this course. Benchmarks correlated with a specific course requirement may also be addressed by other course requirements as appropriate. Some

requirements in this course are not fully addressed in the Sunshine State Standards for Special Diploma.

After successfully completing this course, the student will:

1.	Demonstrate comprehension of verbal information.			
	CO.A.1.Su.1	initiate comn guidance and	-	tively in a variety of situations—with
			ecessary for mastery at suppo verbal prompt supervision	orted level: visual prompt other:
Ohie	cts, Areas, and			
1.1.	Identify objects, areas, and tasks for productive activities in the home (e.g., cleaning the house, cooking a meal, washing clothes, maintaining the yard, fixing a broken shelf). (CL.B.1.In.1, CL.B.1.Su.1) Specify:			
1.2.	phone, copying (CL.B.1.In.1, Specify:	g information, f CL.B.1.Su.1) Graph office—fax Graph food service Graph for employ Graph maintenance	axing information, taking an	oox, uniform, lounge ning supplies
1.3.	assignments, re family and cons CL.B.1.Su.1) Specify:	cording homew sumer sciences lactured classroom— cafeteria—tr media center lab or works	ork assignments, making rep	oaskets m, all-purpose room, bus es, sink, supplies

1.4.	Identify objects, areas, and tasks for productive activities in the community (e.g., city				
	hall, library, mailbox, shopping n				
	Specify: • banking		using the post office		
	deating out	using the notary	u omer		
1.5.	Identify objects, areas, and tagarenas, parks). (CL.B.1.In.1, CL.F.		g., equipment, supplies, fields,		
	Specify: indoor games	crafts/hobbies	untdoor activities		
	¬ sports	• entertainment	dother:		
Pictu	res				
1.6.	Identify household objects as magazines, and newspapers to	o accomplish functional ta	asks. (CL.B.1.In.1, CL.B.1.Su.1)		
	Specify:	uppliances	interior design other:		
	u suppnes	u entertainment	u otner:		
1.7.	Identify objects in the communications and newspapers to Specify:	accomplish functional ta	sks. (CL.B.1.In.1, CL.B.1.Su.1) □ landmarks		
1.8.	Identify school-related objects as described and pictured in textbooks, reference materials, magazines, and newspapers used in assignments, homework, or field trips (e.g., pictures of historical events, monuments, maps, plants, animals, equipment). (CL.B.1.In.1, CL.B.1.Su.1)				
1.9.	Match and discriminate pictures and shapes. (Reading A 2: III)				
1.10.	Identify information from a picture. (Reading A 4: IV)				
Frequ	uently Used Words				
1.11.	Identify the meaning of frequently used words to accomplish functional tasks. (e.g., survival words, greetings, names). (CL.B.1.In.1, CL.B.1.Su.1) Specify: □ common words □ opposite concepts □ temporal concepts □ categories □ directional concepts □ other: □ other:				
1.12.	Identify the meaning of comp CL.B.1.Su.1)	oound words and contract	ions. (CL.B.1.In.1,		
1.13.	Identify the meaning of word accomplish functional tasks.		suffixes, and endings to		

1.14.	Demonstrate an understanding of common words and expressions (e.g., stop, drink your milk, bye bye). (Language B 6: I, II)			
1.15.	Comprehend simple opposite concepts (e.g., hot/cold, wet/dry, hard/soft, long/short). (Language B 8: II, III)			
1.16.	Demonstrate an understanding of the beginning concepts of time (e.g., today, now, later, yesterday). (Language B 9: III)			
1.17.	Demonstrate an understanding of simple category words (e.g., clothing, food, animals). (Language B 11: IV)			
1.18.	Demonstrate an understanding of directional concepts (e.g., above/below, backward/forward, top/bottom, in front/in back, left/right, around/through). (Language B 12: IV)			
1.19.	Identify the meaning of vocabulary when completing academic tasks (e.g., addition, homework, punctuation). (CL.B.1.In.1, CL.B.1.Su.1)			
1.20.	Identify the meaning of vocabulary related to personal care activities (e.g., getting ready for work or school, managing finances, maintaining cleanliness of home or clothing, purchasing items). (CL.B.1.In.1, CL.B.1.Su.1) Specify: personal grooming and hygiene—brush, floss, shower, deodorant finances—coins, dollars, savings caring for clothes—wash, dry clean purchasing items—discount, sale, tax, charge other:			
1.21.	Identify the meaning of vocabulary related to productive activities in the community (e.g., balancing a checkbook, completing transactions at the bank, volunteering for community service, checking out books at the library). (CL.B.1.In.1, CL.B.1.Su.1) Specify: banking—withdrawal, deposit, account number, balance library—library card, check out, due date, late charge post office—letter, stamp, express mail, package businesses—stores, services, clerk, customer, cashier volunteer service—organization, responsibilities, schedule other: other:			
1.22.	Identify the meaning of vocabulary related to leisure activities (e.g., playing sports, attending a play or movie, playing a board game, participating in outdoor activities). (CL.B.1.In.1, CL.B.1.Su.1) Specify:			

Following Directions

	preparing food, assembling a bicycle, painting a wall, operating a washing machine). (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ number of steps—1, 2, multiple
	presentation mode—oral, pictorial, demonstration
1.24.	Follow directions to complete productive activities in the community (e.g., getting a book at the library; voting; assisting in a volunteer service organization or activity, such as coastal cleanup; participating in a fund-raiser). (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ number of steps—1, 2, multiple □ presentation mode—oral, pictorial, demonstration
1.25.	Follow directions when completing school tasks (e.g., class assignment, study guide, project, test). (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ number of steps—1, 2, multiple □ presentation mode—oral, pictorial, demonstration
1.26.	Follow directions to complete leisure activities (e.g., craft and hobbies—candle making, collages, pottery, photography, sewing; sport activities—basketball, tennis, soccer, water skiing, hiking; games—card, board, video). (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ number of steps—1, 2, multiple □ presentation mode—oral, pictorial, demonstration
1.27.	Follow verbal directions with prompts to complete a one-step task. (Language B 7: II)
1.28.	Follow verbal directions without prompts to complete a one-step task. (Language B 10: III)
1.29.	Follow verbal directions to complete a two-step task. (Language B 13: IV)
1.30.	Follow verbal directions with more than two steps. (Language B 14: V)
Lister	ning
1.31.	Identify behaviors that indicate one is listening (e.g., makes eye contact, turns body towards speaker, makes appropriate follow-up comments.) (CO.A.1.In.1, CO.A.1.Su.1)
1.32.	Use strategies to improve listening (e.g., repeat what you hear, say what you hear in your

1.23. Follow directions to complete productive activities in the home (e.g., following a recipe,

own words). (CO.A.1.In.1, CO.A.1.Su.1)

2.	Demonstrate expressive language skills.		
	CO.A.1.Su.1 initiate communication and respond effectively in a variety of situations—with guidance and support.		
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:		
Voice	and Articulation		
2.1.	Use correct articulation to pronounce words correctly. (CO.A.1.In.1, CO.A.1.Su.1)		
2.2.	Imitate or approximate speech sounds. (Language A 3: I)		
2.3.	Imitate or approximate words. (Language A 4: II)		
2.4.	Use voice and fluency appropriate for the social situation (e.g., when eating meals, attending a religious service, cheering at a sports event, walking in the halls of a hospital). (CO.A.1.In.1, CO.A.1.Su.1) Specify: □ tone of voice □ pitch □ fluency (rate and rhythm) □ loudness □ duration □ other:		
Greet	ings and Conversation		
2.5.	Differentiate appropriate styles of communication in formal and informal conversations. (Language B 15: V)		
2.6.	Use appropriate greetings when meeting other persons (e.g., formal—"Hello" informal—"Hi!" "How are you?" "Nice to see you."). (CO.A.1.In.1, CO.A.1.Su.1)		
2.7.	Use language to initiate social greeting. (Language C 23: III)		
2.8.	Respond to greetings appropriately (e.g., "Hello." "Thank you for inviting me." "It's nice to see you, too." "I'm doing well, and you?"). (CO.A.1.In.1, CO.A.1.Su.1)		
2.9.	Use language to respond to verbal greetings. (Language C 19: II)		
2.10.	Use appropriate topics and responses when engaging in conversations (e.g., family—about your day, about personal problems, about school activities; friends—about what is happening in your life, about activities, about schoolwork; familiar persons—about shared interests, about common experiences; unfamiliar persons—weather, sports, jobs or school). (CO.A.1.In.1, CO.A.1.Su.1) Specify: □ with family □ with friends □ with familiar persons □ with unfamiliar persons		

- 2.11. Use language to initiate conversation. (Language C 30: VI)
- 2.12. Use language to participate appropriately in conversation. (Language C 29:V)
- 2.13. Use language to relate recent personal experiences. (Language C 26: IV)

Functional Use of Language

2.14.	Use appropriate language to express desires effectively in various situations (e.g., "May I have more potatoes?" "I want to finish this job." "I don't care for spinach." "I would rather not go to that movie."). (CO.A.1.In.1, CO.A.1.Su.1) Specify purpose: □ requests □ refusals □ other: Specify location: □ home □ school □ community □ workplace		
2.15.	Use appropriate language to express ideas and feelings clearly in various situations (e.g., "I believe this is a valuable thing to do." "This is what really happened." "I like you a lot." "I'm upset with what you did."). (CO.A.1.In.1, CO.A.1.Su.1) Specify type: opinion fact affection anger asdness other: Specify location: home school community workplace		
2.16.	Use appropriate language to express need for assistance in various situations (e.g., asks for help, raises hand, calls person's name, presses a buzzer). (CO.A.1.In.1, CO.A.1.Su.1) Specify: \bigcup home \bigcup school \bigcup community \bigcup workplace		
2.17.	Use appropriate language to express the need for assistance in emergencies (e.g., alerts others, describes emergency). (CO.A.1.In.1, CO.A.1.Su.1) Specify: □ home □ school □ community □ workplace		
2.18.	Use language to indicate displeasure or dislike. (Language C 16: 1)		
2.19.	Express self-identity by telling first name. (Language C 17: II)		
2.20.	Use language to give simple commands. (Language C 18: II)		
2.21.	Express wants and needs. (Language C 20: II)		
2.22.	Express self-identity by telling full name. (Language C 21: III)		
2.23.	Use language to indicate danger or give warnings to others. (Language C 22: III)		
2.24.	Give directions to another person to accomplish a functional task. (CL.B.2.In.2, CL.B.2.Su.2) Specify:		

2.25.	State steps to complete a task. (Language C 31: VI)		
2.26.	Request clarification from teachers, supervisors, family, and peers when needed in various situations (e.g., when you do not understand a class assignment, when you need help on a work project, when you want to know how to do chores). (CL.B.2.In.1, CL.B.2.Su.1) Specify: \bigcup home \bigcup school \bigcup community \bigcup workplace		
2.27.	Ask questions to obtain information and expand knowle	dge. (Language C 27: IV)	
2.28.	Express personal beliefs or opinions. (Language C 28: V)		
2.29.	Use appropriate vocabulary to communicate messages clearly, precisely, and effectively when sharing ideas, opinions, and information in a variety of situations. (CL.B.2.In.2, CL.B.1.Su.2) Specify: □ home □ school □ community □ workplace		
2.30.	Use appropriate grammar and sentence structure to comprecisely, and effectively when sharing ideas, opinions, a of situations. (CL.B.2.In.2, CL.B.1.Su.2) Specify: □ home □ school □ communications.	and information in a variety	
2.31.	Describe pictures or objects. (Language C 24: III)		
2.32.	Combine 3-5 words to verbally express phrases and sentences. (Language C 25: III)		
3.	3. Demonstrate functional reading skills necessary for daily living tasks of personal life and the workplace.		
	CL.B.1.Su.1 identify and locate oral, print, or visual informatasks—with guidance and support.	tion to accomplish functional	
	CL.B.1.Su.2 interpret and use oral, print, or visual information tasks—with guidance and support.	on to accomplish functional	
	Indicate guidance and support necessary for mastery at supported legal physical prompt verbal prompt assistive technology supervision	_ visual prompt	
Signs	s and Symbols		
3.1.	□ plumbing □ yard care		
	other:		

3.2.	facilities to accomplish functional tasks (e.g., entering or exiting a building, using an elevator, using a public restroom). (CL.B.1.In.1, CL.B.1.Su.1)				
	Specify: a exit and entrance signs restroom signs				
	\bigcup elevator signs \bigcup other:				
3.3.	Identify the meaning of words and symbols on signs in stores, restaurants, and other businesses in the community to accomplish functional tasks (e.g., shopping for groceries, eating at restaurants or fast food chains, going to the movies). (CL.B.1.In.1, CL.B.1.Su.1) Specify: □ order here □ cashier □ no food or drink allowed □ no smoking □ hours of operation				
	other:				
3.4.					
3.5.	Identify and demonstrate understanding of community signs and symbols. (Reading B 6 : IV, V)				
Lette	rs				
3.6.	Identify letters when completing functional tasks (e.g., locating a name by the first letter, identifying a volume of an encyclopedia, locating a word in the dictionary, locating a book using the Dewey decimal system, throw away the boxes marked with a "P"). (CL.B.1.In.1, CL.B.1.Su.1) Specify: □ upper case □ lower case □ cursive				
3.7.	Match and discriminate upper and lower case letters. (Reading A 5: IV)				
Word	ls				
3.8.	Identify personal information in written form to accomplish functional tasks (e.g., completing forms, signing documents). (CL.B.2.In.1, CL.B.2.Su.1) Specify: □ name □ address □ phone number □ date of birth □ ethnic group □ Social Security number □ other:				
3.9.	Identify own first name in manuscript. (Reading A 3: III)				
3.10.	Identify the meaning of frequently used written words to accomplish functional tasks (e.g., Dolch, survival list). (CL.B.1.In.1, CL.B.1.Su.1)				
3.11.	Read and comprehend frequently-used words from a specified word list				

3.12.	Read number words, zero to ten. (Mathematics B 11: V)
3.13.	Read number words from eleven to one hundred. (Mathematics B 14: VI)
3.14.	Identify the meaning of written words related to school activities (e.g., lunch menu, class schedule, after-school activities, clinic hours). (CL.B.1.In.1, CL.B.1.Su.1)
3.15.	Identify the meaning of written directions used in the school environment. (CL.B.1.In.1, CL.B.1.Su.1) Specify: class assignments tests homework assignments other:
3.16.	Identify the meaning of written words when completing academic tasks (e.g., add, subtract, homework, task). (CL.B.1.In.1, CL.B.1.Su.1)
3.17.	Identify the meaning of written words related to personal care activities (e.g., getting ready for work or school, managing own finances, maintaining cleanliness of home or clothing, purchasing items—food, clothes). (CL.B.1.In.1, CL.B.1.Su.1) Specify: □ personal grooming and hygiene—products, equipment □ caring for clothes—labels, products □ purchasing items—costs, signs □ other:
3.18.	Identify the meaning of written words related to productive activities in the community (e.g., completing transactions at the bank, volunteering for community service, checking out books from the library, using the post office). (CL.B.1.In.1, CL.B.1.Su.1) Specify: □ library—library card, signs, sections, activities □ post office—addresses, postage fees □ businesses—signs, services, hours of operation □ volunteering—name of organization, activities, locations □ other:
3.19.	Identify the meaning of written words related to leisure activities (e.g., reading directions for a game, selecting a movie from the newspaper listings, playing a board game, reading an article in a sports magazine). (CL.B.1.In.1, CL.B.1.Su.1) Specify: indoor games outdoor activities sports games other: other:
Phras	es, Sentences, and Text
3.20.	Restate the meaning of a written word, phrase, or sentence to clarify meaning to accomplish functional tasks (e.g., repeating directions, asking for clarification, requesting additional information). (CL.B.1.In.2, CL.B.1.Su.2) Specify: information informat

3.21.	Use cues to locate specific information in a book, magazine, or picture to accomplish functional tasks (e.g., school tasks—find picture in a book; personal care—find recipe for			
	dessert; leisure—find information on a spec	•	<u> </u>	
	CL.B.1.Su.1)			
	Specify: highlighted words			
	charts	pictures		
	answers to questions	• other:		
3.22.	Obtain needed written information from functional tasks (e.g., getting information number). (CL.B.1.In.2, CL.B.1.Su.2)	n about a community a	ctivity, finding a phone	
	Specify: newspaper		□ reference book	
	brochure	directory	¬ manual	
	instruction	u guide		
	other:			
3.23.	Identify events using a schedule (e.g., (CL.B.1.In.2, CL.B.1.Su.2)	television, movies, reli	gious services, performances).	
Follo	wing Written Directions			
3.24.	Follow written directions to complete productive activities in the home and community (e.g., following a recipe, preparing food, assembling a bicycle, painting a wall, operating a washing machine). (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ number of steps—1, 2, multiple			
3.25.	Follow written directions to complete school tasks (e.g., class assignment, study guide, report, laboratory activity, test). (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ number of steps—1, 2, multiple			
3.26.	Follow written directions in booklets, magazines, pamphlets, computer software to complete leisure activities (e.g., candle making, collages, pottery, photography, sewing). (CL.B.1.In.2, CL.B.1.Su.2)			
3.27.	Follow written directions and informates desired item (e.g., how to select products change return is located). (CL.B.1.In.2, CL.	, cost of products, how	•	
3.28.	Follow verbal directions with promp	ts to complete a one	e-step task. (Language B 7: II)	
3.29.	Follow verbal directions without pro (Language B 10: III)	mpts to complete a	one-step task.	
3.30.	Follow written directions with one-st	ep. (Reading C 11: V)		
3.31.	Follow written directions with two-st	eps. (Reading C 13: VI	()	

4.	personal life and the workplace.		
	CL.B.2.Su.1	prepare oral, written, or visual information for expression—with guidance and support.	
	CL.B.2.Su.2	express oral, written, or visual information to accomplish functional tasks—with guidance and support.	
		ce and support necessary for mastery at supported level: compt verbal prompt visual prompt chnology supervision other:	
Gene	eral Writing S	kills	
4.1.	Use appropriate modes in writing for personal needs to complete functional tasks (e.g., writing a letter, leaving a message, writing in a journal, writing a to-do list, completing homework). (CL.B.2.In.1, CL.B.2.Su.1) Specify: □ handwriting □ typewriter or word processor □ other:		
4.2.	Reproduce upper and lower case letters of the alphabet. (Writing A 2: IV)		
4.3.	Reproduce numerals from 0 to 10. (Mathematics B 10: IV)		
4.4.	Write money values not to exceed \$10. (Mathematics E 38: V)		
4.5.	completing for Specify:	andwriting to complete functional tasks (e.g., writing messages or notes, ms, signing documents, writing checks). (CL.B.2.In.1, CL.B.2.Su.1) □ style—manuscript or cursive □ spacing □ size □ letter formation □ orientation □ other: □ other:	
4.6.	form). (CL.B.2	ten communications accurately (e.g., brief message, list of information for a d.In.1, CL.B.2.Su.1) messages notes lists other:	
4.7.	List informat (Writing D 11:	tion (who, what, when, and where) of a given message.	
4.8.	Write simple	sentences, (Writing D 10: V)	

Personal Information

4.9.	Reproduce required personal information from an identification card to accomplish functional tasks (e.g., completing forms, signing documents, addressing a letter). (CL.B.2.Su.1)			
	Specify: \(\sigma\) name \(\sigma\) address \(\sigma\) phone number			
	date of birth detailed detaile			
4.10.	Reproduce own first and last name. (Writing A 1: IV)			
4.11.	Capitalize the first letter of own first and last name. (Writing C 6: IV)			
4.12.	Write required personal information to accomplish functional tasks (e.g., signing documents, addressing a letter, giving information to others). (CL.B.2.In.1) Specify: □ name □ address □ phone number □ date of birth □ ethnic group □ other:			
4.13.	Write from memory or identification card own name, address, telephone number, age, and date of birth. (Writing A 3: V)			
Form	S			
4.14.	Determine information needed in order to have the proper documents ready to complete specified forms (e.g., Social Security card, State of Florida identification card). (CL.B.2.In.1, CL.B.2.Su.1)			
4.15.	Transfer information accurately from sources such as a personal identification card or Social Security card onto appropriate section of forms (e.g., disability, benefits, insurance information). (CL.B.2.In.2, CL.B.2.Su.2)			
4.16.	Write needed information accurately on forms to accomplish functional tasks. (CL.B.1.In.2, CL.B.1.Su.2) Specify: application forms order blanks personal history other: other:			
4.17.	Complete forms which require personal data (e.g., W-4, medical history, insurance). (Writing D 13 VII)			
4.18.	Complete simple order blanks. (Writing D 14: VII)			

5.	Demonstrate functional number concepts and computation skills necessary for daily living tasks of personal life and the workplace.					
	CL.B.3.Su.1 identify mathematical concepts and processes needed to accomplish functional tasks—with guidance and support.					
	CL.B.3.Su.2	CL.B.3.Su.2 apply mathematical concepts and processes needed to accomplish functional tasks—with guidance and support.				
	physical pr	ce and support necessary for mastery at supported level: ompt verbal prompt visual prompt chnology supervision other:				
Gene	eral Skills					
5.1.	sandwich in hal	l and unequal quantities to accomplish functional tasks (e.g., cutting a f, sharing a plate of cookies, mixing water and vinegar for cleaning, dealing cards L.B.3.In.1, CL.B.3.Su.1)				
5.2.	Distinguish b	etween all, some, and none. (Mathematics A 1: III)				
5.3.	Demonstrate	the use of one-to-one correspondence. (Mathematics B 7: III)				
5.4.	identifying a yie (CL.B.3.In.1, C	dimensional shapes to accomplish functional tasks (e.g., drawing a circle, eld sign, buying a mat for a picture frame, finding a tablecloth for a table). CL.B.3.Su.1) square □ rectangle □ triangle □ circle				
5.5.	crates for storag (CL.B.3.In.1, C	e-dimensional shapes to accomplish functional tasks (e.g., stacking milk ge, packaging a poster in a tube for shipping, making a cone for frosting). CL.B.3.Su.1) cube □ sphere □ cylinder □ cone				
Who	le Numbers					
5.6.	finding a street of a car, identif Specify:	the numbers to accomplish functional tasks (e.g., finding pages in a book, address, reading speed limit signs, reading temperature gauges, identifying the cost sying bus numbers, giving account numbers). (CL.B.3.In.1, CL.B.3.Su.1) 1 to 10				
5.7.	Match numer	cals to corresponding sets of objects, 0 to 10. (Mathematics B 9: IV)				
5.8.	Identify nume (Mathematics E	erals which correspond to sets of objects 11 to 100. 3 12: V)				

5.9.	Count objects to accomplish functional tasks (e.g., home—counting silverware for setting the table, getting out towels for guests; leisure—counting the number of seconds to go in a basketball game; workplace—counting screws to assemble an object, checking how many rooms to clean). (CL.B.3.In.2, CL.B.3.Su.2) Specify: □ to 10 □ to 100 □ to 1000
5.10.	Count from 1 to 5. (Mathematics B 8: III)
5.11.	Use skip counting to accomplish functional tasks (e.g., counting large numbers of objects, counting money, counting items for an inventory, counting off individuals to form teams searching for a street number—all buildings on one side of the street have odd numbers). (CL.B.3.In.2, CL.B.3.Su.2) Specify: □ by 2's □ by 5's □ by 10's □ by 100's
5.12.	Count by 2's, 5's, and 10's to 100. (Mathematics B 13: V)
5.13.	Identify the whole number that comes before, after, or between a given number(s) to accomplish functional tasks (e.g., locating the date after a holiday on a calendar, filing charts according to numerical order). (CL.B.3.In.1, CL.B.3.Su.1) Specify: □ to 10 □ to 100 □ to 1000 □ to 10,000
5.14.	Compare numbers to accomplish functional tasks (e.g., placing numbered pages in the correct order, comparing prices, comparing ages, comparing scores in a game to determine the winning team). (CL.B.3.In.2, CL.B.3.Su.2) Specify: □ to 10 □ to 100 □ to 1000
5.15.	Identify one and one more. (Mathematics A 2: III)
5.16.	Identify objects in a series by ordinal position to accomplish tasks (e.g., identifying the third game in a playoff, identifying the last pay period of the year). (CL.B.3.In.1, CL.B.3.Su.1) Specify: □ first, middle, last □ to 5th □ to 10th □ to 100th □ other:
5.17.	Identify the first and last member in a group of objects. (Mathematics A 3: III)
5.18.	Demonstrate understanding of the concept of middle. (Mathematics A 4: IV)
5.19.	Identify the meaning of fractional parts of an object, area, or set of items to accomplish functional tasks (e.g., measuring 1/3 cup of milk, sawing a piece of wood in half). (CL.B.3.In.1, CL.B.3.Su.1) Specify:
5.20.	Identify halves and fourths of an area. (Mathematics J 74: V)

Addition

5.21.	Identify situations in daily living when addition is used (e.g., totaling distances traveled over several days, determining the number of members on both teams, determining how much inventory was sold). (CL.B.3.In.1, CL.B.3.Su.1)		
5.22.	Add numbers accurately to accomplish functional tasks. (CL.B.3.In.1, CL.B.3.Su.1) Specify:		
5.23.	Add two sets of objects, sums through 12. (Mathematics C 15: IV)		
5.24.	Add a 2-digit number to a 2-digit number without regrouping, sums through 99. (Mathematics C 16: V)		
5.25.	Add two numbers each having no more than two decimal places. (Mathematics J 77: VII)		
5.26.	Add a 1 or 2-digit number to a 2-digit number with no more than one regrouping. (Mathematics C 19: VI)		
5.27.	Add one 2 or 3-digit number to a 3-digit number with regrouping. (Mathematics C 21: VII)		
Subtr	action		
5.28.	Identify situations in daily living when subtraction is used (e.g., determining how many newspapers are left to be delivered, comparing the difference in sizes of classes, determining how many hours are left to work, determining how many miles are left to be driven). (CL.B.3.In.1, CL.B.3.Su.1)		
5.29.	Subtract numbers accurately to accomplish functional tasks. (CL.B.3.In.1, CL.B.3.Su.1) Specify: single digit multiple digits Specify method: use a table or chart use counters or tallies use a calculator other:		
5.30.	Subtract one set of objects from another set no larger than 12. (Mathematics D 23: IV)		
5.31.	Subtract a 2-digit number from a 2-digit number without regrouping. (Mathematics D 24: V)		
5.32.	Subtract a 3-digit number from a 3-digit number with regrouping. (Mathematics D 29: VII)		
5.33.	Subtract a 2 or 3-digit number from a 3-digit number with no more than one regrouping. (Mathematics D 27: VI)		

Multiplication

5.34.	. Identify situations in daily living when multiplication is used (e.g., determining the total cost of tickets for a group, how many people eight buses can hold). (CL.B.3.In.1, CL.B.3.Su.1)			
5.35.	Multiply numbers accurately to accomplish functional tasks. (CL.B.3.In.1, CL.B.3.Su.1)			
	Specify: single digit	unultiple digits		
	Specify method: use a table or chart			
	use a calculator	dother:		
5.36.	Identify products of multiplication facts to	hrough 81. (Mathematics H 67: VI)		
5.37.	Multiply a 2-digit number by a 1-digit nu	mber. (Mathematics H 68: VI)		
Divis	ion			
5.38.	, ,	vision is used (e.g., calculating grade ng money owed for a large purchase over a period		
5.39.	, i	□ multiple digits □ use counters or tallies		
5.40.	Identify basic division facts products thre	ough 81. (Mathematics I 71: VI)		
Probl	em Solving			
5.41.	Use alternate methods to express mathem tasks. (CL.B.3.In.2, CL.B.3.Su.2)	atical problems to accomplish functional		
	Specify: draw pictures or diagrams	use concrete objects		
	state in own words	use models		
	Solve problems involving addition of who (e.g., counting paper money, adding amount of adding number of hours worked in a pay period, (CL.B.3.In.2, CL.B.3.Su.2)	money spent from checkbook in one month,		
	Specify:	unultiple digits		
	Specify method: □ use a table or chart			
	use a calculator	other:		
5.43.	Apply addition skills involving two 1-digition problems. (Mathematics C 17: III)	t numbers to solve one-step addition		
5.44.	Apply addition skills involving two 2-digition problems without regrouping. (Mathematic			

5.45.	tasks (e.g., det	ermining how much weight was lo	tole numbers to accomplish functional st last year, determining how much farther one any points one team beat another).			
		\square single digit	unultiple digits			
	Specify method	: use a table or chart	use counters or tallies			
		use a calculator	other:			
5.46.		ction skills involving two 1-digathematics D 25: V)	git numbers to solve one-step applied			
5.47.		ction skills involving 2-digit na hout regrouping. (Mathematics	umbers to solve one-step applied D 28: V)			
5.48.	Solve problems involving multiplication or division of whole numbers to accomplish tasks (e.g., determining how many tickets are needed for a family of four to attend eight games, determining how many people can travel on 20 buses, determining the cost per ounce of a box of cereal). (CL.B.3.In.2, CL.B.3.Su.2) Specify: single digit multiple digits Specify method: use a table or chart use counters or tallies use a calculator uther: under the complex of the complex of the counters or tallies use a calculator under the counters or tallies use a calculator under the counters or tallies use a calculator under the counters or tallies under the counters					
5.49.	Use a calcula	ator to perform complex addit	ion computations. (Mathematics C 18: VI)			
5.50.	Use a calculator to perform complex subtraction computations. (Mathematics C 26: VI)					
5.51.	Apply multipl	Apply multiplication skills to solve one-step applied problems. (Mathematics H 70: VII)				
5.52.	Use division to solve one-step applied problems. (Mathematics I 72: VII)					
6.		easurement concepts involv ms related to daily living a	ring length, weight, and volume to nd the workplace.			
	CL.B.3.Su.1	identify mathematical concepts at tasks—with guidance and support	nd processes needed to accomplish functional t.			
	CL.B.3.Su.2	apply mathematical concepts and tasks—with guidance and support	processes needed to accomplish functional t.			
	Indicate guidanc		mpt visual prompt			

Linear Measurement

6.1.	Identify the meaning of units of linear measurement to accomplish functional tasks (e.g., measuring a person's height, calculating the length of a room, determining distance on a trip). (CL.B.3.In.1, CL.B.3.Su.1)
	Specify: □ inches □ feet □ yards
	inles in the inles
6.2.	Measure the length, width, or height of an object or area accurately, using appropriate tools or equipment to accomplish functional tasks (e.g., using a ruler to measure a short line, using a tape measure to measure a room). (CL.B.3.In.2, CL.B.3.Su.2) Specify: □ ruler □ tape measure □ yard stick □ other:
6.3.	Determine which of three or more objects is smallest, largest, shortest, tallest. (Mathematics A 5: IV)
6.4.	Identify ruler, yardstick, and tape measure. (Mathematics F 47: IV)
6.5.	Measure an object to the nearest inch. (Mathematics F 50: V)
6.6.	Identify the length, width, or height of an object. (Mathematics F 54: VII)
6.7.	Identify equivalents for commonly used linear measurements to accomplish functional tasks (e.g., determining how many feet on a football field, determining if a 4-foot board will make a 52-inch shelf). (CL.B.3.In.1, CL.B.3.Su.1) Specify: □ 12 inches = 1 foot □ 3 feet = 1 yard □ other: □ 36 inches = 1 yard □ other:
Weigl	
6.8.	Identify the meaning of units of weight to accomplish functional tasks (e.g., weighing an infant, ordering gravel for a driveway, buying produce). (CL.B.3.In.1, CL.B.3.Su.1) Specify: □ ounce □ pound □ ton □ other:
6.9.	Measure weight accurately using the appropriate tool to accomplish functional tasks (e.g., weighing yourself, weighing tomatoes at the grocery store, determining how much postage to put on a large envelope). (CL.B.3.In.2, CL.B.3.Su.2) Specify: □ bathroom scales □ postal scales □ produce scales □ other:
6.10.	Determine weight by measuring to the nearest pound. (Mathematics F 52: VI)
6.11.	Identify equivalents for units of weight to accomplish functional tasks
	(e.g., determining cost of mailing a box, determining if truck is strong enough to carry load of gravel). (CL.B.3.In.1, CL.B.3.Su.1)
	Specify: □ 16 ounces = 1 pound □ 2000 pounds = 1 ton other:

Course Number: 7961010 - Academic Skills for Functional Living Volume/Capacity

6.12.	Identify the n (e.g., preparing		nits of volumeng oil to the car,					
		🗖 quart	□ table	n	🖵 li		🖵 pint	
6.13.	a tank for a law (CL.B.3.In.2, C Specify:	unctional tas nmower, meas L.B.3.Su.2) ☐ teaspoon ☐ quart	ks (e.g., measur uring quarts of v	ring a cup water for to espoon	of bleach fea, measuri	or the lang a teas up _ ter	undry, pouri	ng gas into licine).
6.14.	Demonstrate (Mathematics A	an understa 6: IV)	ending of capa	icity con	cepts (e.g	., least,	most, emp	oty, full).
6.15.	Identify a cup	o, quart, and	l gallon as too	ls to me	asure cap	acity. (Mathematic:	s F 49: V)
6.16.	many pint jars a Specify:	ng how many care needed to s 3 teaspoons	ty measureme cups of water are store a gallon of s = 1 tablespoon I gallon	needed for honey). (or two quart CL.B.3.In.1 \Bullet 4 ci	s of lem, CL.B.3 aps = 1 c	onade, deteri 3.Su.1)	mining how
6.17.	Determine ca (Mathematics F		easuring to th	e neares	st cup, que	art, or g	gallon.	
7.		ms related	t concepts inv to daily livin					
	CL.B.3.Su.1	•	hematical concep guidance and su		ocesses nee	ded to ac	ecomplish fu	nctional
	CL.B.3.Su.2		ematical concepts guidance and su		esses neede	d to acco	omplish func	tional
	Indicate guidance physical properties assistive tee	ompt	necessary for ma	l prompt		visual p	rompt	

Time

7.1.	Identify the meaning of commonly used concepts and measurement units of time to accomplish functional tasks (e.g., making plans for the future, scheduling appointments, predicting the weather). (CL.B.3.In.1, CL.B.3.Su.1) Specify: □ seconds, minutes, hours □ days, weeks, months, years □ seasons of the year □ now, later, future, past □ other: □ other:
7.2.	Associate activities with morning, afternoon, and night (i.e., eating breakfast, going to bed). (Mathematics G 56: III)
7.3.	Identify the days of the week. (Mathematics G 58: IV)
7.4.	Tell which day of the week comes before and after a given day. (Mathematics G 60: V)
7.5.	Indicate the date by month, day, and year in numerical form (e.g., 5/13/88). (Mathematics G 64: VI)
7.6.	Identify equivalent units of time to accomplish functional tasks (e.g., determining how much time to allow for an activity, recording time worked on a time sheet). (CL.B.3.In.1, CL.B.3.Su.1) Specify: □ 60 seconds = 1 minutes □ 60 minutes = 1 hour □ 24 hours = 1 day □ 7 days = 1 week □ other: □ other:
7.7.	Identify time equivalencies (e.g., $12 \text{ months} = 1 \text{ year}$, $60 \text{ minutes} = 1 \text{ hour}$, $24 \text{ hours} = 1 \text{ day}$, $30 \text{ minutes} = 1 \text{ half hour}$, and $1 \text{ week} = 7 \text{ days}$). (Mathematics G 63: VI)
7.8.	Identify time on a clock to accomplish functional tasks (e.g., timing a runner, setting the alarm, counting time to reach a destination). (CL.B.3.In.1, CL.B.3.Su.1) Specify type of clock: □ analog □ digital Specify interval: □ hour/half hour □ minutes
7.9.	Tell time to the hour. (Mathematics G 57: IV)
7.10.	Tell time to the hour and half hour. (Mathematics G 59: V)
7.11.	Indicate time in hours and minutes using proper notation (e.g., 1:28). (Mathematics G 65: VI)
7.12.	Identify the date on a calendar to accomplish functional tasks (e.g., planning a party, scheduling an appointment). (CL.B.3.In.1, CL.B.3.Su.1)
7.13.	Given a date, identify the day of the week on a calendar. (Mathematics G 61: V)
7.14.	Distinguish between a.m. and p.m. to describe time of day. (Mathematics G 62: VI)

Temperature

7.15.	Identify temperatures to accomplish functional tasks (e.g., reading a thermometer to record a high fever, determining if the freezer is cold enough to make ice, setting a thermostat in a room). (CL.B.3.In.1, CL.B.3.Su.1)					
				🖵 norma	al body temperature	
		comfortable room	m temperature _	dother:		
7.16.	Identify too (Mathematic	ols to measure tem es F 48: IV)	perature (e.g., the	ermometer, i	thermostat).	
7.17.	accomplish cooked, read Specify:	emperature accurate n functional tasks (e ling the thermostat to f thermometer_v thermostat_fur other:	e.g., using a meat the find the temperature weather, oral, cooking mace, car, tool motor	ermometer to d in a room). (C	letermine if a roast is	•
7.18.	Determine	the temperature u.	sing a Fahrenheii	t thermomet	er. (Mathematics F	53: VI)
Mone	y					
7.19.	(e.g., counting cab fare). (C	e names and values ing money, paying for a L.B.3.In.1, CL.B.3.Su	an item, putting corr a.1)	ect change into		
	ı ,	to \$20.00	to \$100.0	00		
7.20.	Identify co	ins as money. (Math	hematics E 31: III)			
7.21.	Identify the	e coins: penny, nick	kel, dime, and qua	arter. (Mathei	natics E 32: IV)	
7.22.	Identify the	e cent (¢) sign and	the dollar (\$) sign	n. (Mathemati	cs E 33: IV)	
7.23.	Identify the cent value of a penny, a nickel, a dime, a quarter, and the dollar value of bills through $$10$$. (Mathematics E 35: V)					
7.24.	Identify mo	oney values not to e	exceed \$100.00 (e	e.g., \$62.43).	(Mathematics E 42:	VI)
7.25.	a bank, using CL.B.3.Su.2		\$2.00 item, paying t	the bill at a res	staurant). (CL.B.3.In	
		\bigcup to \$1.00 \bigcup to \$20.00			☐ to \$10.00	
7.26.	Identify co	ommon coin combing, paying bus fare, using machine, placing mon	nations to accomp	olish function	nal tasks (e.g., payi r from a stand, purch	ng a toll

7.27.	Determine equivalent amounts of money using coins and paper currency to accomplish functional tasks (e.g., giving change for a dollar, collecting money from a customer). (CL.B.3.In.1, CL.B.3.Su.1)			
	Specify: \(\bullet \text{ to \$1.00} \) \(\bullet \text{ to \$10.00} \)			
	to \$20.00 to \$100.00 other:			
7.28.	Determine equivalent amounts using pennies, nickels, dimes, and quarters (not to exceed \$1). (Mathematics E 37: V)			
7.29.	Determine equivalent amounts not to exceed \$10 using coins and paper currency. (Mathematics E 41: VI)			
7.30.	Identify which costs more through \$5, given the cost of two items. (Mathematics E 36: V)			
7.31.	Determine the change to be received from a \$5 bill after a purchase (with a calculator, if needed). (Mathematics E 40: VI)			
7.32.	Solve applied problems involving comparison shopping. (Mathematics E 46: VII)			
8.	Use systematic approaches to solve problems encountered in school, home, and community.			
	CL.B.4.Su.1 identify problems found in functional tasks—with guidance and support.			
	CL.B.4.Su.2 implement solutions to problems found in functional tasks—with guidance and support.			
	Indicate guidance and support necessary for mastery at supported level:			
	physical prompt verbal prompt visual prompt visual prompt other:			
8.1.	Apply a general model for solving problems (e.g., identify the problem, identify alternative choose a technique, implement solution, evaluate results). (CL.B.4.In.1, CL.B.4.Su.1) Specify: \bigcup home \bigcup school \bigcup community \bigcup workplace	s,		
8.2.	Identify various ways to respond to and solve problems (e.g., late for class frequently—wake up earlier, leave house earlier, walk faster; car breaks down—take the bus, walk, take car to mechanic). (CL.B.4.In.1, CL.B.4.Su.1)			
8.3.	Differentiate between problems individuals can solve by themselves and those that they can solve only with assistance from others. (CL.B.4.In.1, CL.B.4.Su.1)			
8.4.	Identify that a problem exists in school, a discrepancy between what is and what should or could be (e.g., consistent low grades on tests, fighting with peers, habitual tardiness). (CL.B.4.In.1, CL.B.4.Su.1)			
8.5.	Identify alternative courses of action for solving a particular problem at school (e.g., missed the bus—catch next bus, get a ride, ride bike). (CL.B.4.In.1, CL.B.4.Su.1)			

- 8.6. Complete tasks needed to solve problems at school (e.g., limited time to do homework assignments—talk to teacher about extended time on some assignments). (CL.B.4.In.2, CL.B.4.Su.2)
- 8.7. Seek assistance when needed to solve problems at school (e.g., emotional problems—seek help from school counselor, teacher, psychologist; problems with a subject area at school—seek help from tutor, teacher, family member). (CL.B.4.In.2, CL.B.4.Su.2)
- 8.8. Identify that a problem exists in personal life, a discrepancy between what is and what should or could be (e.g., gaining weight, not completing chores, not being allowed to see friends). (CL.B.4.In.1, CL.B.4.Su.1)
- 8.9. Identify alternative courses of action for solving a particular problem in personal life (e.g., gained 10 pounds—start exercise program, talk to a physician, eat healthier foods). (CL.B.4.In.1, CL.B.4.Su.1)
- 8.10. Complete identified tasks to solve problems in personal life (e.g., flat tire—identify jack, lug wrench, and spare tire; jack car up; loosen and take off lug nuts; remove flat; put on spare; put lug nuts back on; jack car down; put parts in trunk). (CL.B.4.In.2, CL.B.4.Su.2)
- 8.11. Seek assistance when needed to solve problems in personal life (e.g., consult with family member, talk with a teacher or counselor, ask a relative). (CL.B.4.In.2, CL.B.4.Su.2)
- 8.12. Determine impact of decisions and activities related to solving the problem (e.g., determine if the solution solved the problem, increased the problem, caused new problems). (CL.B.4.In.2, CL.B.4.Su.2)

Florida Department of Education

COURSE DESCRIPTION - GRADES 9-12, ADULT SUGGESTED COURSE PERFORMANCE OBJECTIVES

Subject Area: Supported Levels: 9-12

Course Number: 7961050

Course Title: Community and Social Skills for Functional Living

Previous Course Title: Basic Community and Social Living

Credit: Multiple

A. Major Concepts/Content. The purpose of this course is to provide instruction in skills for community participation and social interaction to enable students with disabilities to function at their highest levels and participate effectively at home, in the community, and in the workplace.

The content should include, but not be limited to, the following:

- social skills
- social and behavioral expectations
- interpersonal relationships
- use of community resources
- safety
- travel and mobility

This course shall integrate the Sunshine State Standards and Goal 3 Student Performance Standards of the Florida System of School Improvement and Accountability as appropriate to the individual student and to the content and processes of the subject matter. Students with disabilities shall:

CL.A.1.Su.1 complete specified Sunshine State Standards with modifications and guidance and support as appropriate for the individual student.

B. Special Note. This entire course may not be mastered in one year. A student may earn multiple credits in this course. The particular course requirements that the student should master to earn each credit must be specified on an individual basis. Multiple credits may be earned sequentially or simultaneously.

This course is primarily designed for students functioning at supported levels, who are generally capable of living and working with ongoing supervision and support. Three levels of functioning, independent, supported, and participatory, have been designated to provide a way to differentiate benchmarks and course requirements for students with diverse abilities. Individual students may function at one level across

all areas, or at several different levels, depending on the requirements of the situation.

This course may also be used to accommodate the range of abilities within the population of students with disabilities. The particular benchmark for a course requirement should be selected for individual students based on their levels of functioning and their desired post-school outcomes for adult living and employment specified in the Transition Individual Educational Plan.

The level of functioning should be determined for each course requirement or performance objective. The key to determining the level is consideration of the amount of additional support and assistance that *must* be provided for the student. This support and assistance must be *beyond* what is typically provided for nondisabled individuals in performing the same type of behaviors or tasks. The following guidelines may be used to assist this process.

- For requirements/objectives mastered at the Independent Level, students are expected to be able to perform the behaviors identified for each benchmark *on their own* once they have mastered the knowledge and skills.
- For requirements/objectives mastered at the Supported Level, mastery should be determined with consideration of the amount and type of *guidance and support* necessary to the student to perform the behavior. This generally consists of some type of prompting or supervision.
 - Physical prompt—a touch, pointing, or other type of gesture as a reminder Verbal prompt—a sound, word, phrase, or sentence as a reminder
 - Visual prompt—color coding, icons, symbols, or pictures as a reminder
 - Assistive technology—an alarm, an electronic tool
 - Supervision—from occasional inspection to continuous observation
- For requirements/objectives mastered at the Participatory Level, mastery should be determined with consideration of the amount and type of *assistance* necessary to the student to participate in the performance of the behavior.
 - Physical assistance—from a person, such as full physical manipulation or partial movement assistance
 - Assistive technology—full: props, bolsters, pads, electric wheelchair; partial: straps, lapboards, adapted utensils

The performance objectives are designed to provide teachers with ideas for short-term objectives for instructional planning. The performance objectives are not intended to be exhaustive of all the possible short-term objectives a student may need in this multiple credit course. Other objectives should be added as required by an individual student.

Instructional activities involving practical applications of course requirements may occur in naturalistic settings in home, school, and community for the purposes of practice, generalization, and maintenance of skills. These applications may require that the student acquire the knowledge and skills involved with the use of related technology, tools, and equipment.

C. Course Requirements. These requirements include, but are not limited to, the benchmarks from the Sunshine State Standards for Special Diploma that are most relevant to this course. Benchmarks correlated with a specific course requirement may also be addressed by other course requirements as appropriate. Some requirements in this course are not fully addressed in the Sunshine State Standards for Special Diploma.

After successfully completing this course, the student will:

	After successionly completing this course, the student win:
1.	Interact with others appropriately in familiar group situations.
	SE.A.1.Su.1 cooperate in group situations—with guidance and support.
	SE.A.2.Su.1 interact acceptably with others within the course of social, vocational, and community living—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt
Prac	ticing Citizenship
1.1.	Identify productive activities in the community involved in citizenship (e.g., recognizing types of opportunities and responsibilities, organizations, locations, events, activities, tasks). (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ becoming familiar with community leaders and organizations □ participating in local service organizations □ participating in service activities of religious organizations □ other:
1.2.	Identify when specific activities in the community are needed for citizenship (e.g., keeping up with issues, volunteering on holidays or in times of disaster). (IF.A.1.In.1, IF.A.1.Su.1)
1.3.	Use specific knowledge and skills when completing activities in the community involving citizenship (e.g., participating in community events, working with others on a service project, obeying rules and laws). (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ becoming familiar with community leaders and organizations □ participating in local service organizations □ participating in service activities of religious organizations □ other:
1.4.	Identify rules of citizenship within the community. (Social and Personal H 64: V)
1.5.	Identify reasons for voting. (Social and Personal H 65: VI)
1.6.	Demonstrate procedures for voting. (Social and Personal H 66: VI)

1.7. Use strategies related to citizenship to plan activities in the community effectively and efficiently and on a regular basis (e.g., checking the newspaper or community bulletin board on local news for opportunities to volunteer). (IF.A.1.In.1, IF.A.1.Su.1)

Working in Groups

- 1.8. Demonstrate behaviors that contribute positively to group effort (e.g., being prompt, staying on task, complimenting contributions of others, taking turns, sharing materials, being willing to make changes if needed, helping others if needed, completing proper share of group activities, following the rules). (SE.A.1.In.1, SE.A.1.Su.1)
- 1.9. Identify appropriate actions to use when joining a group (e.g., asking permission, waiting for a convenient time, not interrupting, showing appreciation). (SE.A.1.In.1, SE.A.1.Su.1)
- 1.10. Identify responsibilities individuals have to their family and friends (e.g., keeping a trusting relationship, being dependable, not talking behind one another's back, helping through hard times, sharing with others). (SE.A.1.In.1, SE.A.1.Su.1)
- 1.11. Demonstrate behaviors that meet social expectations when working in a group (e.g., raising hand to speak, following the order of a lineup, practicing fairness, understanding the rules, abiding by the rules, respecting the rights of others in team activities, being polite). (SE.A.1.In.1, SE.A.1.Su.1)
- 1.12. Cooperate with peers. (Social and Personal G 51: III)
- 1.13. Show respect for property of others. (Social and Personal G 52: III)
- 2. Use appropriate behaviors when participating in organizations (e.g., workplace, clubs, churches, public or private organizations).

Indicate guidance and support necessary for mastery at supported level:						
physical prompt	verbal prompt	visual prompt				
assistive technology	supervision	other:				
	•					

function effectively within formal organizations-with guidance and support.

Participating in Organizations

SE.A.1.Su.2

- 2.1. Identify organizations in which individuals may participate (e.g., schools, clubs, religious groups, support agencies, hospitals, correction facilities, community organizations). (SE.A.1.In.3, SE.A.1.Su.2)
- 2.2. Identify common characteristics of formal organizations (e.g., structures, governed by rules, behavior codes). (SE.A.1.In.3, SE.A.1.Su.2)

- 2.3. Identify behaviors of individuals that may conflict with expectations of organizations (e.g., not complying with rules or unwritten expectations, trying to do things your own way). (SE.A.1.In.3, SE.A.1.Su.2)
- 2.4. Follow steps to join an organized club or activity of choice (e.g., determining interests, conducting research, obtaining information, visiting club meetings, meeting club members, talking to members, joining club). (SE.A.1.In.3, SE.A.1.Su.2)
- 2.5. Respond appropriately to requests to comply with rules and expectations of the club or organization (e.g., paying dues, attending meetings, voting for officers, getting along with other members, participating in activities). (SE.A.1.In.3, SE.A.1.Su.2)

3.	Respond effectively to unexpected events and potentially harmful situations
	in community and social activities.

IF.B.2.Su.3	-	etively to unexpected events e and support.	and potentially harmful situat	ions—
physical pr	ompt	ecessary for mastery at supp verbal prompt supervision		
potentially ha	armful situatio	_	responses to unexpected are if in a safe place, seeking .Su.1)	
potentially has Specify:	armful situation □ home—person □ school—in company	ons. (IF.B.2.In.3, IF.B.2.Su onal care activities, chores, class, between classes, extra	leisure activities curricular activities	and
	· ·	events, organizations, ser- leisure activities, stores, r		

3.1.

3.2.

- 3.3. Identify unsafe factors or potentially dangerous situations in a home (e.g., overloaded electrical outlets, firearms in the home, faulty wiring, dangerous chemicals stored in an open place, an intruder at the door). (IF.B.2.In.3, IF.B.2.Su.3)
- 3.4. Identify daily procedures to protect the home from intruders (e.g., keeping doors and windows locked, keeping garage door shut, keeping curtains closed). (IF.B.2.In.3, IF.B.2.Su.3)
- 3.5. Identify when phone calls need to be terminated (e.g., when obscene, when threatening, when caller is soliciting). (IF.B.2.In.3, IF.B.2.Su.3)
- 3.6. Identify unsafe factors or potentially dangerous situations in a school (e.g., overcrowded halls, slippery floors, broken desks, wet stairwells, students fighting, students running in the halls). (IF.B.2.In.3, IF.B.2.Su.3)

- 3.7. Identify unsafe factors or potentially dangerous situations in a community (e.g., heavy traffic, unlit streets, accepting gifts from strangers, accepting rides from strangers, walking alone at night, walking in unfamiliar areas, walking in alleys or unlit areas). (IF.B.2.In.3, IF.B.2.Su.3)
- 3.8. Recognize dangerous situations in the environment. (Social and Personal D 33: III)
- 3.9. Identify aggressive and violent behavior in others as a threat to personal safety (e.g., pushing, verbal harassment, threats, hitting, biting, unwanted sexual advances). (IF.B.2.In.3, IF.B.2.Su.3)
- 3.10. Identify ways to avoid confrontation with violent or aggressive individuals (e.g., walking away, not provoking, not becoming violent or aggressive). (IF.B.2.In.3, IF.B.2.Su.3)
- 3.11. Behave in ways that avoid confrontation with violent or aggressive individuals (e.g., walking away, not provoking, not becoming violent or aggressive). (IF.B.2.In.3, IF.B.2.Su.3)
- 3.12. Identify conditions when inappropriate physical contact should be reported to a trusted adult (e.g., report if touching makes you uncomfortable, if someone forces you to do something you don't want to do, if someone tells you their actions are acceptable when you know they are not). (IF.B.2.In.3, IF.B.2.Su.3)

4. Demonstrate interpersonal communication skills necessary for community and social activities.

SE.A.2.Su.1	interact acceptably with others within the course of social, vocational, and community living—with guidance and support.
CO.A.1.Su.1	initiate communication and respond effectively in a variety of situations—with guidance and support.
Indicate guidance physical pror assistive tech	

Using Interpersonal Communication Skills

- 4.1. Identify steps for introducing self to others (e.g., saying hello, shaking hands, stating first and/or last name). (SE.A.2.In.1, SE.A.2.Su.1)
- 4.2. Identify characteristics of a good listener when interacting with others (e.g., looks at you while you are speaking, responds to your questions, is attentive while you are speaking, shakes head and nods to respond). (SE.A.2.In.1, SE.A.2.Su.1)

- 4.3. Identify verbal and nonverbal communications which relay messages to others (e.g., body language—winking, waving, blowing a kiss, patting another on the back, hugging another; verbal comments—commenting on their appearance, telling someone he or she did a good job, telling someone to leave you alone). (SE.A.2.In.1, SE.A.2.Su.1)
- 4.4. Identify communications and behaviors that compliment others (e.g., saying "Good job." "Well done." "I am impressed with your work." "I admire your ability."; honoring others with rewards; commending others; applauding others). (SE.A.2.In.1, SE.A.2.Su.1)
- 4.5. Recognize and display sensitivity to others' feelings (e.g., waiting until upset person is ready to talk, showing concern for upset person, letting person know you are there to talk to, showing joy for happy person, helping a person in distress). (SE.A.2.In.1, SE.A.2.Su.1)
- 4.6. *Identify personal feelings. (Social Personal G 54: IV)*
- 4.7. Use actions of others as social cues for appropriate behavior (e.g., waiting to start eating until all have been seated, letting others go first when waiting in line, not sitting down until all have been served, cheering at a baseball game). (SE.A.2.In.1, SE.A.2.Su.1)
- 4.8. Identify behaviors that represent appropriate physical contact from others (e.g., casual greetings—shaking hands; displays of friendship—patting on back, shaking hands; displays of love—giving a hug, giving a kiss, patting back, holding hands). (SE.A.2.In.1, SE.A.2.Su.1)
- 4.9. Identify behaviors that represent inappropriate physical contact from others (e.g., touching someone when he or she does not want to be touched, hugging someone that you do not know, hitting others, kicking others, pushing others down). (SE.A.2.In.1, SE.A.2.Su.1)
- 4.10. *Identify behaviors which indicate the acceptance of responsibility for own actions, attitudes, and decisions. (Social Personal G 56: V)*
- 4.11. Demonstrate use of strategies to resolve interpersonal difficulties. (Social and Personal G 60: VI)

Responding to Humor

4.12.	Identify examples of behaviors that are appropriate responses to humor (e.g., laugh smile, put hands over mouth). (IF.B.2.In.1, IF.B.2.Su.1)		
4.13.	Use appropriate responses to humor in various situations. (IF.B.2.In.1, IF.B.2.Su.1) Specify:		
1 1 1			

4.14. Identify examples of appropriate responses to teasing (e.g., do not get upset, walk away, do not make counter accusations). (IF.B.2.In.1, IF.B.2.Su.1)

Course Number: 7961050 - Community and Social Skills for Functional Living Responding to Criticism

	(e.g., acknowle	edge own mistakes, accept mistakes, seek advice or assistance, improve or change or performance, ask for clarification). (IF.B.2.In.1, IF.B.2.Su.1)
4.16.		propriately to criticism in various situations. (IF.B.2.In.1, IF.B.2.Su.1)
		home—meals, leisure activities, chores
		□ school—in class, between classes, extracurricular activities
		_ ☐ community—events, organization activities, services
		□ community—leisure activities, shopping, eating out, traveling
		_ □ workplace
4.17.	Identify appr (Social Person	ropriate responses to praise and constructive criticism. al G 57: V)
5.		te awareness of responsible behavior and appropriate attire
	relating to	community and social activities.
	relating to of IF.B.2.Su.1	identify patterns of conduct that comply with social and environmental
	O	•
	IF.B.2.Su.1 IF.B.2.Su.2	identify patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support. demonstrate patterns of conduct that comply with social and environmental
	IF.B.2.Su.1 IF.B.2.Su.2 Indicate guidar	identify patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support. demonstrate patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support. ace and support necessary for mastery at supported level: rompt verbal prompt visual prompt
	IF.B.2.Su.1 IF.B.2.Su.2 Indicate guidar	identify patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support. demonstrate patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support.

Participating in Community Gatherings

- 5.1. Identify activities involved with informal gatherings of community members and neighbors (e.g., neighborhood picnics, recreational sports team events, chili cook-offs, walk-athons, parades). (IF.A.1.In.1, IF.A.1.Su.1)
- 5.2. Identify when specific activities involve informal gatherings of community members and neighbors (e.g., when neighbors are ill, when participating in a team activity, when playing on a city sports team). (IF.A.1.In.1, IF.A.1.Su.1)
- 5.3. Use specific knowledge and skills when completing activities involving community members and neighbors (e.g., working with others, showing concern for others, selecting the food for a picnic, inviting others to attend, preparing food). (IF.A.1.In.1, IF.A.1.Su.1)
- 5.4. Use strategies to plan activities involving informal gatherings of community members and neighbors effectively and efficiently and on a regular basis (e.g., look at past group activities to see if they are things you like to do, ask neighbors about the gatherings, ask a trusted friend or relative). (IF.A.1.In.1, IF.A.1.Su.1)

Course Number: 7961050 - Community and Social Skills for Functional Living Following Safety Procedures

- 5.5. Identify how to handle specific emergency situations (e.g., tornado—get under desk or go to inner hallway or bathroom, put head to knees, cover head, stay calm; power outage—stay calm, locate flashlight or candle, do not move around too much, wait for power to resume; robbery—stay calm, do not try to be a hero, comply with robber's commands). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.6. Use safety equipment and procedures when necessary. (Social and Personal C 32: VI)
- 5.7. Behave in ways that comply with personal safety rules and procedures (e.g., do not run indoors, do not run with sharp objects, call for help in emergencies, wear seat belt). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.8. Safely handle potentially harmful objects and materials. (Social and Personal D 34: IV)
- 5.9. Identify potential hazards of open fires, matches, electrical appliances, and overloaded outlets (e.g., clothes may catch fire, surrounding materials may catch fire, open fire may get out of control, sparks can cause fire accidentally). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.10. Identify safety procedures for fire drills and emergencies (e.g., remain calm, determine quickest exit route, walk, do not crowd doorways, look for smoke under doors, do not touch door knob, walk far away from building, do not use elevator). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.11. Behave in ways that comply with fire drills and emergency procedures (e.g., follow instructions, do not run, do not panic, go to a safe place, do not crowd doorways). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.12. Identify the hazards associated with adverse weather conditions (e.g., rain storms—thunder, lightning, strong winds, poor visibility; tornadoes and hurricanes—strong winds, windows blowing out). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.13. Identify safety procedures used during adverse weather conditions (e.g., rain storms—stay indoors, stay off telephone, do not stand near trees, stay away from windows; tornadoes and hurricanes—stay away from windows, go into basement, go to inner hallway or bathroom). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.14. Behave in ways that comply with safety procedures used during adverse weather conditions (e.g., rain storms—stay indoors, stay off telephone, do not stand near trees, stay away from windows; tornadoes and hurricanes—stay away from windows, go into basement, go to inner hallway or bathroom). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.15. Demonstrate understanding of safety and warning signs in the environment. (Social and Personal D 37: V)

6.	Demonstrate awareness of community resources relevant to personal needs (e.g., health care, personal services, stores, banks, entertainment, churches).			
	IF.A.2.Su.1	use community reso support.	ources and services for specified pu	urposes—with guidance and
	Indicate guidance and support necessary for mastery at supported level: physical prompt			
Using	g Community	Resources for Pe	rsonal Needs	
6.1.	that provide pappointment, p	personal needs serv aying the cost). (IF.A		e the service, making an
	Specify:	hair care	🗖 laundromat	□ dry cleaner
6.2.	Identify servi	ices provided by lo	cal community agencies. (Soc	ial and Personal E 43: V)
6.3.	that provide provide provide stilling out an a Specify:	public services (e.g., pplication). (IF.A.2.In	required to benefit from reso, knowing how to locate the servi 1.1, IF.A.2.Su.1) parks and recreation facilities	ce, making an appointment,
6.4.	Use basic kn that provide in purchase, using Specify:	owledge and skills retail services (e.g., last comparison shopping department stores grocery stores flea markets	required to benefit from resonance knowing how to locate the store, it techniques, paying the cost). (IF are convenience stores hardware stores second hand stores	finding the desired items to A.2.In.1, IF.A.2.Su.1) drug stores specialty stores garage sales
6.5.	that provide in menu, paying to Specify:	food services (e.g., k he bill). (IF.A.2.In.1, restaurants refreshment stands		ant, ordering from the
6.6.	Use coin-ope	erated machines. (S	Social and Personal H 63: V)	
6.7.	that provide		required to benefit from rescrets (e.g., knowing how to locate 1, IF.A.2.Su.1)	

Cour	se Number: 7961050 - Community and Social Skills for Functional Living			
	Specify:			
6.8.	Use basic knowledge and skills required to benefit from resources in the community that provide financial services (e.g., knowing how to locate the bank, depositing money, balancing the account, writing a check). (IF.A.2.In.1, IF.A.2.Su.1) Specify: □ banks □ credit unions □ savings and loans □ other:			
6.9.	Use basic knowledge and skills required to benefit from resources in the community that provide medical and health-related services (e.g., knowing how to locate the service, making an appointment, paying the cost). (IF.A.2.In.1, IF.A.2.Su.1) Specify:			
7.	Demonstrate skills for completing transactions in the community (e.g., using telephone, requesting assistance, attending events).			
	IF.A.2.Su.1 use community resources and services for specified purposes—with guidance and support.			
	Indicate guidance and support necessary for mastery at supported level: physical prompt			
Mail	and Telephone Services			
7.1.	Identify community service agencies, businesses, or other resources that assist individuals with mail, telephone, and e-mail to accomplish functional tasks. (IF.A.2.In.1, IF.A.2.Su.1) Specify: □ mail—US Post Office □ telephone—local provider, long distance carrier, cellular phone company, e-mail provider □ other:			

Course Number: 7961050 - Community and Social Skills for Functional Living

7.2.	Use basic knowledge and skills when using mail services to accomplish functional tasks. (IF.A.2.In.1, IF.A.2.Su.1) Specify: writing a card or letter and addressing an envelope determining and obtaining correct postage locating and using mail boxes and pickup and delivery services registering a change of address other:	
7.3.	Demonstrate the specific knowledge and skills required to use a telephone to accomplish functional tasks. (IF.A.2.In.1, IF.A.2.Su.1) Specify: knowing function and use of telephone parts knowing function of various signals and tones dialing local numbers correctly getting assistance with telephone services using emergency numbers such as 911 using basic information numbers such as 411 other:	
7.4.	Demonstrate specific knowledge and skills required to communicate by telephone to accomplish functional tasks. (IF.A.2.In.1, IF.A.2.Su.1) Specify: what to say when answering the phone, "Hello. Is there?" what to say when making a call, "Hello. This is" what to say when ending a call, "Bye. Talk to you later." how to leave a message how to take a message how to carry on a conversation on the phone other:	
7.5.	Identify and use emergency number $(0-911)$ on a telephone in an appropriate manner. (Social and Personal H 61: IV)	
7.6.	Place and answer calls on the telephone in an appropriate manner. (Social and Personal H 62: V)	
Seeki	ng Assistance	
7.7.	Identify persons and agencies to ask for assistance in emergency situations (e.g., police, fire department, parents, teachers, Red Cross). (IF.B.2.In.3, IF.B.2.Su.3)	
7.8.	Ask for assistance in various situations and emergencies (e.g., dialing 911, calling fire or police department directly, seeking assistance from teacher or parent). (IF.B.2.In.3, IF.B.2.Su.3)	
7.9.	Seek help and accept assistance. (Social and Personal C 21: III)	
7.10.	Identify procedures for seeking assistance in unfamiliar or emergency situations. (Social and Personal D 35: V)	

Course Number: 7961050 - Community and Social Skills for Functional Living

7.11.	Identify steps to take in reporting a fire or other emergency (e.g., remaining calm, dialing 911, identifying name, identifying location, following directions of operator). (IF.B.2.In.3 IF.B.2.Su.3)
8.	Demonstrate consumer skills relevant to using community resources (e.g., making payments, determining costs).
	IF.A.1.Su.1 complete productive and leisure activities used in the home and community—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:
Mana	aging Money and Personal Finances
8.1.	Identify productive activities involved in managing money and personal finances (e.g., recognizing types of money, bills, equipment, supplies, locations, and tasks). (IF.A.1.In.1, IF.A.1.Su.1) Specify:
8.2.	Identify when specific activities are needed for managing money and personal finances (e.g., making purchases, comparing items for the best buy, preparing budgets for trips and leisure activities, saving money for emergencies, determining sales tax on a purchase). (IF.A.1.In.1, IF.A.1.Su.1)
8.3.	Use specific knowledge and skills when completing activities involving managing money and personal finances (e.g., donating money to charities, filing taxes, counting money or check amount to deposit, opening a savings/checking account, reviewing and paying monthly bills and statements, paying bills by the due date, using information in advertisements, storing information regarding personal finances). (IF.A.1.In.1, IF.A.1.Su.1) Specify: preparing a budget managing and protecting personal cash using comparative shopping to make wise purchases other:
8.4.	Associate the financial institution (e.g., bank, credit union) with money. (Mathematics E 34: IV)
8.5.	Identify the purposes of a checking and savings account. (Mathematics E 39: V)

Course Number: 7961050 - Community and Social Skills for Functional Living

8.6. Use strategies related to managing money and personal finances to complete activities effectively and efficiently and on a regular basis (e.g., deposit checks immediately upon receipt; use direct deposit for payroll and/or benefits checks; mark dates of recurring bills on calendar; pay bills at regularly scheduled times—1st and 15th of month). (IF.A.1.In.1, IF.A.1.Su.1)

9. Travel safely within and beyond the com
--

IF.A.2.Su.2	demonstrate sa support.	afe travel within and beyond	the community—with guidance and	
Indicate guidanc physical pro assistive tec	ompt	ccessary for mastery at support verbal prompt supervision	orted level: visual prompt other:	_

General Travel Information

- 9.1. Identify various means of transportation for people with disabilities (e.g., walking, obtaining special transit services, requesting special assistance on trains, airlines, taxis). (IF.A.2.In.2, IF.A.2.Su.2)
- 9.2. Identify the dangers, responsibilities, and behavior appropriate to independent travel in increasingly complex settings (e.g., dangers—large crowds, unsafe drivers, unsafe passengers, dangerous driving conditions due to weather; responsibilities—keeping track of personal belongings, being aware of environment, knowing destination; behaviors—keeping hands to self, not talking loudly, being polite, asking driver for assistance when necessary). (IF.A.2.In.2, IF.A.2.Su.2)
- 9.3. Identify and find specific locations in stores when completing functional tasks (e.g., grocery store—produce, deli, bakery, frozen foods, canned foods, paper products, cashier, restrooms; department store—dressing rooms, men's clothing, women's clothing, shoes, linens, cashier, restroom; video store—new releases, science fiction, horror films, comedy films, snacks, cashier). (IF.A.2.In.2, IF.A.2.Su.2)
- 9.4. Identify and find specific locations in restaurants when completing functional tasks (e.g., non-smoking and smoking sections, hostess stand, cashier, restrooms, customer dining area, telephones). (IF.A.2.In.2, IF.A.2.Su.2)
- 9.5. Identify and find specific locations in buildings when completing functional tasks (e.g., elevators, stairs, emergency exits, restrooms). (IF.A.2.In.2, IF.A.2.Su.2)
- 9.6. Locate a specific room, apartment, or office within a building in the community (e.g., use directional signs, numbers, or letters on doors; use directories). (IF.A.2.In.2, IF.A.2.Su.2)
- 9.7. Enter and exit buildings through appropriate doorways (e.g., attend to "In," "Out," "Enter," and "Exit" designations on doors). (IF.A.2.In.2, IF.A.2.Su.2)

Course Number: 7961050 - Community and Social Skills for Functional Living Traveling within the Community

9.8. Move about in the immediate neighborhood from one location to another (e.g., walking, biking, taking a car). (IF.A.2.In.2, IF.A.2.Su.2) 9.9. Use available modes of transportation to reach distant locations in the community (e.g., bicycle, bus, taxi, car). (IF.A.2.In.2, IF.A.2.Su.2) Practice safety procedures when walking or biking (e.g., follow detour and rerouting signs 9.10. near construction and repair sites, wear a helmet when biking, obey traffic signals, face traffic, use sidewalks or bike lanes, use crosswalks). (IF.A.2.In.2, IF.A.2.Su.2) 9.11. Practice safety procedures when riding in a car (e.g., wear a seat belt, lock the door). (IF.A.2.In.2, IF.A.2.Su.2) 9.12. Use basic knowledge and skills required to benefit from resources in the community that provide transportation services (e.g., knowing how to contact the service, making a reservation, paying for the fare). (IF.A.2.In.1, IF.A.2.Su.1) ____ □ private taxis and limos Specify: ____ public buses ____ □ special services for disabled ____ □ other: ____

9.13. *Identify safety precautions related to traffic and pedestrian travel.* (Social and Personal D 36: V)

Florida Department of Education

COURSE DESCRIPTION - GRADES 9-12, ADULT SUGGESTED COURSE PERFORMANCE OBJECTIVES

Subject Area: Supported Levels: 9-12

Course Number: 7961040

Course Title: Leisure and Recreation Skills for Functional Living

Previous Course Title: Basic Leisure and Recreation Skills

Credit: Multiple

A. Major Concepts/Content. The purpose of this course is to provide instruction in leisure and recreation skills to enable students with disabilities to function at their highest levels and participate effectively at home and in the community.

The content should include, but not be limited to, the following:

- selection of appropriate activities
- social and behavioral expectations
- maintenance of equipment and materials
- interpersonal relationships
- community resources

This course shall integrate the Sunshine State Standards and Goal 3 Student Performance Standards of the Florida System of School Improvement and Accountability as appropriate to the individual student and to the content and processes of the subject matter. Students with disabilities shall:

- CL.A.1.Su.1 complete specified Sunshine State Standards with modifications and guidance and support as appropriate for the individual student.
- **B. Special Note.** This entire course may not be mastered in one year. A student may earn multiple credits in this course. The particular course requirements that the student should master to earn each credit must be specified on an individual basis. Multiple credits may be earned sequentially or simultaneously.

This course is primarily designed for students functioning at supported levels, who are generally capable of living and working with ongoing supervision and support. Three levels of functioning, independent, supported, and participatory, have been designated to provide a way to differentiate benchmarks and course requirements for students with diverse abilities. Individual students may function at one level across all areas, or at several different levels, depending on the requirements of the situation.

This course may also be used to accommodate the range of abilities within the population of students with disabilities. The particular benchmark for a course requirement should be selected for individual students based on their levels of functioning and their desired post-school outcomes for adult living and employment specified in the Transition Individual Educational Plan.

The level of functioning should be determined for each course requirement or performance objective. The key to determining the level is consideration of the amount of additional support and assistance that *must* be provided for the student. This support and assistance must be *beyond* what is typically provided for nondisabled individuals in performing the same type of behaviors or tasks. The following guidelines may be used to assist this process.

- For requirements/objectives mastered at the Independent Level, students are expected to be able to perform the behaviors identified for each benchmark *on their own* once they have mastered the knowledge and skills.
- For requirements/objectives mastered at the Supported Level, mastery should be determined with consideration of the amount and type of *guidance and support* necessary to the student to perform the behavior. This generally consists of some type of prompting or supervision.
 - Physical prompt—a touch, pointing, or other type of gesture as a reminder Verbal prompt—a sound, word, phrase, or sentence as a reminder
 - Visual prompt—color coding, icons, symbols, or pictures as a reminder
 - Assistive technology—an alarm, an electronic tool
 - Supervision—from occasional inspection to continuous observation
- For requirements/objectives mastered at the Participatory Level, mastery should be determined with consideration of the amount and type of *assistance* necessary to the student to participate in the performance of the behavior.
 - Physical assistance—from a person, such as full physical manipulation or partial movement assistance
 - Assistive technology—full: props, bolsters, pads, electric wheelchair; partial: straps, lapboards, adapted utensils

The performance objectives are designed to provide teachers with ideas for short-term objectives for instructional planning. The performance objectives are not intended to be exhaustive of all the possible short-term objectives a student may need in this multiple credit course. Other objectives should be added as required by an individual student.

Instructional activities involving practical applications of course requirements may occur in naturalistic settings in home, school, and community for the purposes of practice, generalization, and maintenance of skills. These applications may require that the student acquire the knowledge and skills involved with the use of related technology, tools, and equipment.

C. Course Requirements. These requirements include, but are not limited to, the benchmarks from the Sunshine State Standards for Special Diploma that are most relevant to this course. Benchmarks correlated with a specific course requirement

may also be addressed by other course requirements as appropriate. Some requirements in this course are not fully addressed in the Sunshine State Standards for Special Diploma.

After successfully completing this course, the student will:

based on	
IF.A.1.Su.1	complete productive and leisure activities used in the home and community—with guidance and support.
	ance and support necessary for mastery at supported level: prompt verbal prompt visual prompt technology supervision other:
stress, keeps	e benefits of leisure and recreational activities (e.g., meet new people, relieves mind off worries, learn new things, keeps you active, occupies unstructured time, byment). (IF.A.1.In.1, IF.A.1.Su.1)
Distinguis	between work and leisure time activities. (Social and Personal G 53: IV)
Distinguis	
Demonstro	tte appropriate activities to occupy leisure time. (Social and Personal G 55: V)
Demonstration Identify rehow to play transportation Demonstration	the appropriate activities to occupy leisure time. (Social and Personal G 55: V) quirements of leisure and recreational activities (e.g., obtain equipment, know the game, need space, know the rules of the game, obtain tickets for events, arrange n, attend events). (IF.A.1.In.1, IF.A.1.Su.1) ate awareness of community resources related to leisure and activities.
Demonstration Identify rehow to play transportation Demonstration	quirements of leisure and recreational activities (e.g., obtain equipment, know the game, need space, know the rules of the game, obtain tickets for events, arrange n, attend events). (IF.A.1.In.1, IF.A.1.Su.1) ate awareness of community resources related to leisure and
Demonstration Identify rehow to play transportation Demonstration IF.A.2.Su.1	quirements of leisure and recreational activities (e.g., obtain equipment, know the game, need space, know the rules of the game, obtain tickets for events, arrange n, attend events). (IF.A.1.In.1, IF.A.1.Su.1) ate awareness of community resources related to leisure and activities. use community resources and services for specified purposes—with guidance and support. ance and support necessary for mastery at supported level:

2.2.	(e.g., on holidays, when a performer is on tour, during the football season, when transportation is available). (IF.A.1.In.1, IF.A.1.Su.1)
2.3.	Use specific knowledge and skills when attending cultural and sports events in the community (e.g., locating the event on a schedule, obtaining tickets for a game or performance, following the rules of behavior for the attendees). (IF.A.1.In.1, IF.A.1.Su.1) Specify: musical performances—concerts, dance performances theatre and plays sports events celebrations—holidays, parades, festivals, exhibits other:
2.4.	Use specific knowledge and skills required to benefit from resources in the community that provide public services (e.g., knowing how to locate the service, making an appointment, filling out an application). (IF.A.2.In.1, IF.A.2.Su.1) Specify: □ library □ parks and recreation facilities □ public safety □ other: □
2.5.	Use specific knowledge and skills required to benefit from resources in the community that provide food services (e.g., knowing how to locate the restaurant, ordering from the menu, paying the bill). (IF.A.2.In.1, IF.A.2.Su.1) Specify: □ restaurants □ cafeterias □ refreshment stands □ vending machines □ other:
2.6.	Use specific knowledge and skills required to benefit from resources in the community that provide entertainment services (e.g., knowing how to locate the event, buying a ticket, finding the reserved seat). (IF.A.2.In.1, IF.A.2.Su.1) Specify: □ movies □ arenas □ skating rinks □ video arcades □ museums—science, art, historical □ other: □ other:
3.	Demonstrate interpersonal communication skills necessary for leisure and recreation activities.
	SE.A.2.Su.1 interact acceptably with others within the course of social, vocational, and community living—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt

Course Number: 7961040 - Leisure and Recreation Skills for Functional Living Interpersonal Communication

- 3.1. Identify steps for introducing self to others when participating in leisure activities (e.g., saying hello, shaking hands, stating first and/or last name). (SE.A.2.In.1, SE.A.2.Su.1)
- 3.2. Identify characteristics of a good listener when interacting with others during recreation activities (e.g., looks at you while you are speaking, responds to your questions, is attentive while you are speaking, shakes head and nods to respond). (SE.A.2.In.1, SE.A.2.Su.1)
- 3.3. Identify verbal and nonverbal communications which relay messages to others when participating in leisure activities (e.g., body language—winking, waving, blowing a kiss, patting another on the back, hugging another; verbal comments—commenting on their appearance, telling someone they did a good job, telling someone to leave you alone). (SE.A.2.In.1, SE.A.2.Su.1)
- 3.4. Identify communications and behaviors that compliment others when participating in recreation activities (e.g., saying "Good job." "Well done." "I am impressed with your work." "I admire your ability."; honoring others with rewards; commending others; applauding others). (SE.A.2.In.1, SE.A.2.Su.1)
- 3.5. Recognize and display sensitivity to others' feelings when participating in leisure activities (e.g., waiting until upset person is ready to talk, showing concern for upset person, letting person know you are there to talk to, showing joy for happy person, helping a person in distress). (SE.A.2.In.1, SE.A.2.Su.1)
- 3.6. *Identify personal feelings. (Social and Personal G 54: IV)*
- 3.7. Use actions of others as social cues for appropriate behavior in leisure activities (e.g., waiting to start eating until all have been served, letting others go first when playing a game, not sitting down until all others have sat down, cheering at a baseball game). (SE.A.2.In.1, SE.A.2.Su.1)
- 3.8. Identify behaviors that represent appropriate physical contact from others when participating in recreation activities (e.g., casual greetings—shaking hands; displays of friendship—patting on back, shaking hands, giving a hug; displays of love—giving a hug, giving a kiss, patting back, holding hands). (SE.A.2.In.1, SE.A.2.Su.1)
- 3.9. Identify behaviors that represent inappropriate physical contact from others when participating in leisure activities (e.g., touching someone when they don't want to be touched, hugging someone that you do not know, hitting others, kicking others, pushing others down). (SE.A.2.In.1, SE.A.2.Su.1)
- 3.10. *Identify behaviors which indicate acceptance of responsibility for own actions, attitudes, and decisions. (Social and Personal G 56: V)*

4.		e awareness of responsible behavior and appropriate attire eisure and recreation activities.	
	IF.B.2.Su.1	identify patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support.	
	IF.B.2.Su.2	demonstrate patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support.	
	SE.A.1.Su.1	cooperate in group situations—with guidance and support.	
	SE.A.1.Su.2	function effectively within formal organizations—with guidance and support.	
	physical pr	ce and support necessary for mastery at supported level: ompt verbal prompt visual prompt chnology supervision other:	
Gene	eral Skills		
4.1.	Discriminate between behaviors that are socially unacceptable in public yet are acceptable in private when participating in leisure activities (e.g., adjusting undergarments). (IF.B.2.In.1, IF.B.2.Su.1)		
4.2.	Identify appropriate behaviors for specific leisure or recreation situations. (IF.B.2.In.1, IF.B.2.Su.1) Specify: □ home □ school □ community □ workplace		
4.3.		opriate clothing or uniform for selected leisure or recreation activities , sweat suit, baseball uniform, hiking boots). (IF.B.2.In.1, IF.B.2.Su.1)	
4.4.	Identify necessary safety equipment and protective gear for selected leisure or recreation activities (e.g., helmet, knee guards, shin pads, goggles). (IF.B.2.In.1, IF.B.2.Su.1)		
4.5.	11 1	riate clothing and safety equipment when participating in selected creation activities. (IF.B.2.In.2, IF.B.2.Su.2)	
4.6.	Distinguish between appropriate dress for school, work, and leisure activities. (Social and Personal A 7: V)		
Func	tioning Indep	endently	
4.7.	-	apples of self-initiation behaviors when participating in leisure activities egin game on own, ask for additional supplies). (IF.B.2.In.1, IF.B.2.Su.1)	
4.8.	IF.B.2.Su.2) Specify:	initiative in various leisure or recreation situations. (IF.B.2.In.2, □ home—games, videos, hobbies □ school—extracurricular activities □ community—events, organized activities, exhibitions □ community—leisure activities, restaurants, traveling	

4.9.	Identify examples of self-management behaviors, including self-monitoring, self-instruction, and self-reinforcement when participating in recreation activities (e.g., organize, monitor, and carry out activities; follow through with instructions; complete activities; work with sufficient speed). (IF.B.2.In.1, IF.B.2.Su.1)
4.10.	Demonstrate self-management in various leisure or recreation situations. (IF.B.2.In.2, IF.B.2.Su.2) Specify:
4.11.	Stay on task until its completion. (Social and Personal C 20: III)
4.12.	Seek help and accept assistance. (Social and Personal C 21: III)
4.13.	Select correct tools and equipment for assigned task. (Social and Personal C 24: IV)
4.14.	Show respect for the property of others. (Social and Personal G 52: III)
4.15.	Use proper care and maintenance of tools and materials. (Social and Personal C 29: V)
4.16.	Identify examples of self-controlling behaviors when participating in leisure activities (e.g., recognize events that trigger unacceptable behaviors, count to ten, keep negative comments to self, manage unstructured time by looking at magazines). (IF.B.2.In.1, IF.B.2.Su.1)
4.17.	Demonstrate self-control in various leisure or recreation situations. (IF.B.2.In.1, IF.B.2.Su.1) Specify:
4.18.	Identify examples of self-advocating behaviors when participating in recreation activities (e.g., indicate preferred and unpreferred activities, speak up for one's self, voice own opinion). (IF.B.2.In.1, IF.B.2.Su.1)
4.19.	Demonstrate self-advocacy in various leisure or recreation situations. (IF.B.2.In.1, IF.B.2.Su.1) Specify:
4.20.	Identify examples of self-esteem behaviors related to leisure activities (e.g., display self-respect, make positive comments, set high goals for self). (IF.B.2.In.1, IF.B.2.Su.1)
4.21.	Demonstrate self-esteem in various leisure or recreation situations. (IF.B.2.In.1, IF.B.2.Su.1)

Specify: _	home—games, videos, hobbies
_	□ school—extracurricular activities
_	□ community—events, organizations
_	• community—leisure activities, stores, restaurants, traveling

- 4.22. *Identify appropriate responses to praise and constructive criticism.* (Social and Personal G 57: V)
- 4.23. *Identify behaviors which reflect a positive attitude toward self.* (Social and Personal G 58: VI)
- 4.24. *Identify personal strengths and weaknesses.* (Social and Personal G 59: VI)

Playing on Teams

- 4.25. Demonstrate behaviors that contribute positively to team effort (e.g., being prompt, practicing, complimenting contributions of others, taking turns, sharing equipment, being willing to make changes if needed, helping others if needed). (SE.A.1.In.1, SE.A.1.Su.1)
- 4.26. Identify appropriate actions to use when joining a team (e.g., ask permission, demonstrate your skills, show appreciation). (SE.A.1.In.1, SE.A.1.Su.1)
- 4.27. Demonstrate behavior that meets social expectations when playing on a team (e.g., raising hand to speak, following the order of a lineup, practicing fairness, understanding rules, abiding by rules, respecting the rights of others in team activities, being polite). (SE.A.1.In.1, SE.A.1.Su.1)
- 4.28. Cooperate with peers. (Social and Personal G 51: III)

Participating in Organizations

- 4.29. Identify organizations for leisure or recreation in which individuals may participate (e.g., clubs, fitness centers, parks, recreation centers). (SE.A.1.In.3, SE.A.1.Su.2)
- 4.30. Identify behaviors of individuals that may conflict with expectations of the club or organizations (e.g., not complying with rules or unwritten expectations, trying to do things your own way). (SE.A.1.In.3, SE.A.1.Su.2)
- 4.31. Follow steps to join an organized club or activity of choice (e.g., determine interests, conduct research, obtain information, visit club meetings, meet club members, talk to club members, join club). (SE.A.1.In.3, SE.A.1.Su.2)
- 4.32. Respond appropriately to requests to comply with rules and expectations of the club or organization (e.g., pay dues, attend meetings, vote for officers, get along with other members, participate in activities). (SE.A.1.In.3, SE.A.1.Su.2)

Travel safely within and beyond the community to engage in leisure and recreation activities. IF.A.2.Su.2 demonstrate safe travel within and beyond the community—with guidance and support. Indicate guidance and support necessary for mastery at supported level: ___ verbal prompt ___ visual prompt physical prompt ___ assistive technology ___ supervision ____ other: _____ 5.1. Move about in the immediate neighborhood from one location to another to engage in leisure activities (e.g., walk, bike, take a car). (IF.A.2.In.2, IF.A.2.Su.2) 5.2. Use available modes of transportation to reach distant locations in or beyond the community to engage in recreation activities (e.g., bicycle, bus, taxi, car). (IF.A.2.In.2, IF.A.2.Su.2) 5.3. Practice safety procedures when walking or biking for leisure activities (e.g., follow detour and rerouting signs near construction and repair sites, wear a helmet when biking, obey traffic signals, face traffic, use sidewalks or bike lanes, use crosswalks). (IF.A.2.In.2, IF.A.2.Su.2) 5.4. Practice safety procedures when riding in a car (e.g., wear seat belt, lock door). (IF.A.2.In.2, IF.A.2.Su.2) 5.5. Use basic knowledge and skills required to benefit from resources in the community that provide transportation services for leisure activities (e.g., knowing how to contact the service, making a reservation, paying for the fare). (IF.A.2.In.1, IF.A.2.Su.1) Specify: ____ public buses ____ □ private taxis and limos _____ special services for disabled _____ other: _____ Respond effectively to unexpected events and potentially harmful situations 6. in leisure and recreation activities. IF.B.2.Su.3 respond effectively to unexpected events and potentially harmful situations—with guidance and support. Indicate guidance and support necessary for mastery at supported level: ___ verbal prompt ___ visual prompt physical prompt ___ other: ____ ___ assistive technology ___ supervision Identify examples of self-controlling behaviors in responses to unexpected events or 6.1. potentially harmful situations encountered in leisure activities (e.g., stay where you are if place is safe, seek advice or assistance, help keep others calm). (IF.B.2.In.1, IF.B.2.Su.1)

Course Number: 7961040 - Leisure and Recreation Skills for Functional Living Behave in ways that represent self-control in response to unexpected events and potentially harmful situations encountered in recreation activities. (IF.B.2.In.3, IF.B.2.Su.3) Specify: _____ \bigsilon home—games, picnics, hobbies ☐ school—extracurricular activities ____ community—events, organizations ☐ community—leisure activities, stores, restaurants, traveling 6.3. Identify unsafe factors or potentially dangerous situations in a leisure activity in the community (e.g., heavy traffic, unlit streets, accepting rides from strangers, walking alone at night, walking in unfamiliar areas, walking in alleys or unlit areas). (IF.B.2.In.3, IF.B.2.Su.3) 6.4. Recognize dangerous situations in the environment. (Social and Personal D 33: III) 6.5. Identify aggressive and violent behavior in others as a threat to personal safety when engaged in leisure activities (e.g., pushing, verbal harassment, threats, hitting, biting, unwanted sexual advances). (IF.B.2.In.3, IF.B.2.Su.3) 6.6. Identify ways to avoid confrontation with violent or aggressive individuals when involved in recreation activities (e.g., walk away, ask for help, do not provoke). (IF.B.2.In.3, IF.B.2.Su.3) 6.7. Behave in ways that avoid confrontation with violent or aggressive individuals when involved in recreation activities (e.g., walk away, ask for help, do not provoke). (IF.B.2.In.3, IF.B.2.Su.3) 6.8. Use safety equipment and procedures when necessary. (Social and Personal C 32: VI) 7. Use appropriate recreational activities to maintain good health and physical fitness.

IF.A.1.Su.2

physical prompt

____ assistive technology

___ verbal prompt

___ supervision

Indicate guidance and support necessary for mastery at supported level:

complete personal care, health, and fitness activities—with guidance and support.

___ visual prompt

___ other: ____

Course Number: 7961040 - Leisure and Recreation Skills for Functional Living Exercise Programs

7.1.	Identify health care activities involved in exercise programs (e.g., recognizing types of programs, professionals, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ selecting appropriate activities for fitness □ performing specific exercises □ maintaining participation in exercise programs □ being aware of potential problems resulting from exercise programs □ requesting assistance with disability needs when necessary □ other: □ other:
7.2.	Identify when exercise programs are needed (e.g., to lose weight; to maintain weight; to gain muscle; to lower blood pressure; to lower cholesterol; to strengthen heart, lungs, muscles; to reduce stress). (IF.A.1.In.2, IF.A.1.Su.2)
7.3.	Use specific knowledge and skills when completing activities in an exercise program (e.g., using motor skills to complete exercises appropriate to ability level; using coordination exercises for aerobics; practicing yoga or karate; using skills to monitor own progress). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ selecting appropriate activities for fitness □ performing specific exercises □ maintaining participation in exercise programs □ being aware of potential problems resulting from exercise programs □ requesting assistance with disability needs when necessary □ other: □ other:
7.4.	Use strategies to complete activities in an exercise program effectively and efficiently and on a regular basis (e.g., ask a doctor for a fitness plan, set up a schedule for regular exercise and follow it, exercise with a buddy, join an exercise group at local YMCA or community center, watch and follow along with a TV exercise program or exercise video). (IF.A.1.In.2, IF.A.1.Su.2)
8.	Demonstrate skills and knowledge for selected leisure and recreation activities involving sports and games.
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:
8.1.	Identify leisure activities that involve playing games and sports with others. (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ indoor card and board games—bingo, checkers, rummy □ outdoor team or pairs sports—softball, frisbee, horseshoes, tennis □ other: □ other:

8.2.	Identify appropriate times and occasions for leisure activities that involve playing games and sports with others (e.g., recess, sporting events, field days, weekends). (IF.A.1.In.1, IF.A.1.Su.1)		
8.3.	Use specific knowledge and skills when playing games and sports with others (e.g., taking turns, following the rules, counting the points, keeping track of the scores, identifying scoring opportunities). (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ indoor card and board games—bingo, checkers, rummy □ outdoor team or pairs sports—softball, frisbee, horseshoes, tennis □ other:		
8.4.	Use strategies related to playing games and sports with others to complete leisure activities in the home and in the community effectively and efficiently and on a regular basis (e.g., keep rules of various games together in one place; identify certain games or activities with certain times of the year—during Christmas holidays the family enjoys putting together a jigsaw puzzle). (IF.A.1.In.1, IF.A.1.Su.1)		
9.	Demonstrate skills and knowledge for selected leisure and recreation activities involving hobbies and crafts.		
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:		
9.1.	Identify hobbies used by individuals for leisure activities. (IF.A.1.In.1, IF.A.1.Su.1) Specify: arts and crafts collections watching movies, reading, playing video games, listening to music other:		
9.2.	Identify appropriate times and occasions for leisure activities involving hobbies (e.g., when objects that you collect are available, when you are by yourself). (IF.A.1.In.1, IF.A.1.Su.1)		
9.3.	Use specific knowledge and skills when engaging in hobbies (e.g., creating the product involved in a craft; knowing where to obtain books to read; knowing how to operate a TV, VCR, or CD player; organizing a collection by category or date). (IF.A.1.In.1, IF.A.1.Su.1) Specify: arts and crafts collections watching movies, reading, playing video games, listening to music other: other:		

Demonstrate skills and knowledge for selected leisure and recreation

activities involving nature and outdoors. Indicate guidance and support necessary for mastery at supported level: ____physical prompt ____ verbal prompt ____ visual prompt ____ visual prompt ____ other: _____ **Caring for Pets** 10.1. Use specific knowledge and skills when completing leisure activities involving pet care (e.g., measuring the right amount of food, training the pet to come when called). (IF.A.1.In.1, IF.A.1.Su.1) Specify: ____ □ selecting the pet ____ a caring for the pet—taking for walks, feeding, training, grooming ____ dother: _____ 10.2. Use strategies to complete pet care activities effectively and efficiently and on a regular basis (e.g., mark regularly scheduled activities on calendar—annual shots, dog shows; keep records related to pet in a special place; keep backup supplies-food, toys; mark a dispenser for correct amount of food). (IF.A.1.In.1, IF.A.1.Su.1) **Gardening** 10.3. Identify leisure activities involving gardening and plants. (IF.A.1.In.1, IF.A.1.Su.1) Specify: _____ • selecting the plant or type of garden ____ caring for the plants—fertilizing, watering, weeding, harvesting _____ dother: ______ 10.4. Identify appropriate times and occasions for leisure activities involving gardening (e.g., when the weather is good; when the plants need water, fertilizer, or maintenance; when it is time to pick vegetables, herbs, or flowers). (IF.A.1.In.1, IF.A.1.Su.1) Use specific knowledge and skills when completing leisure activities involving 10.5. gardening (e.g., giving each type of plant the right amount of water, preparing the soil, gathering vegetables when ready, knowing the amount of time needed to grow). (IF.A.1.In.1, IF.A.1.Su.1) Specify: _____ • selecting the plant or type of garden _____ aring for the plants—fertilizing, watering, weeding, harvesting _____ **d** other: ______ 10.6. Use strategies to complete gardening activities effectively and efficiently and on a regular basis (e.g., relate certain activities to certain times of year—plant annuals after Easter; note what neighbors are doing; buy pre-measured fertilizers or plant foods—fertilizer spikes; ask a friend). (IF.A.1.In.1, IF.A.1.Su.1)

Course Number: 7961040 - Leisure and Recreation Skills for Functional Living Participating in Outdoor Activities

10.7.	Identify common outdoor leisure activities. (IF.A.1.In.1, IF.A.1.Su.1) Specify: active sports—camping, hiking water sports—swimming, diving, sailing other:
10.8.	Identify appropriate times and occasions for leisure activities in the outdoors (e.g., when the correct equipment is available, during a season favorable to being outdoors). (IF.A.1.In.1, IF.A.1.Su.1)
10.9.	Use specific knowledge and skills when completing outdoor leisure activities (e.g., hiking and climbing—using safety skills, walking and climbing; camping—pitching a tent, cooking outdoors; fishing—baiting a hook, using appropriate lures, using boat safety skills). (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ active sports—camping, hiking □ water sports—swimming, diving, sailing □ other:
10.10.	Use strategies to complete outdoor leisure activities effectively and efficiently and on a regular basis (e.g., keep equipment and clothing for activity stored in one place, talk to others involved in same activity). (IF.A.1.In.1, IF.A.1.Su.1)
11.	Demonstrate skills and knowledge for selected leisure and recreation activities involving arts and entertainment.
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt
11.1.	Identify common leisure activities involving attending cultural and sports events. (IF.A.1.In.1, IF.A.1.Su.1) Specify: musical performances—concerts, dance performances theatre and plays sports events celebrations—holidays, parades, festivals, exhibits other:
11.2.	Identify appropriate times and occasions for attending cultural and sports events (e.g., on holidays, when a performer is on tour, during football season, when transportation is available). (IF.A.1.In.1, IF.A.1.Su.1)

11.3.	Use specific knowledge and skills when attending cultural and sports events in the community (e.g., locating the event on a schedule, obtaining tickets for a game or performance, following the rules of behavior for the attendees). (IF.A.1.In.1, IF.A.1.Su.1) Specify: musical performances—concerts, dance performances theatre and plays sports events celebrations—holidays, parades, festivals, exhibits other: other:
11.4.	Use strategies to plan leisure activities involving cultural and sports events effectively and efficiently and on a regular basis (e.g., save weekly schedule of events from the newspaper, listen to radio for announcements, watch the community calendar on local TV station, get on mailing lists for the types of events of interest, watch billboards or scrolling marquees at civic or performing arts center, write dates of upcoming events on personal calendar, ask friends to alert you about events). (IF.A.1.In.1, IF.A.1.Su.1)
12.	Demonstrate skills needed to maintain leisure and recreation equipment and material safely.
	IF.A.1.Su.2 complete personal care, health, and fitness activities—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt visual prompt assistive technology supervision other:
12.1.	Identify activities involved in maintaining equipment and material for selected leisure and recreation activities (e.g., sports—cleaning, sorting, and storing equipment in a safe place; gardening—cleaning and storing equipment in a safe, dry place; board games—collecting all pieces in box and storing in convenient place). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ exercise—cleaning and storing weights, mats; returning weight lifting equipment to original position □ outdoor sports—cleaning, sorting, storing equipment in safe place □ indoor games—collecting all pieces in box, storing in convenient place □ hobbies and crafts—collecting all equipment in box, storing in convenient place □ pet care—cleaning brush, comb, litter box, or house □ gardening— cleaning, storing equipment in safe, dry place □ other: □ other:
12.2.	Identify when specific activities are needed to maintain leisure and recreation equipment and material (e.g., cleaning softball after playing on muddy field, drying metal gardening tools after every use, cleaning litter box every day). (IF.A.1.In.2, IF.A.1.Su.2)

12.3.	Use specific knowledge and skills when completing activities involved in maintaining equipment and material for selected leisure and recreation activities
	0 1 1
	(e.g., knowing where you have stored hobbies and crafts, reading and following instructions for
	specific equipment). (IF.A.1.In.2, IF.A.1.Su.2)
	Specify: □ exercise—cleaning and storing weights, mats; returning weight lifting
	equipment to original position
	untdoor sports—cleaning, sorting, storing equipment in safe place
	indoor games—collecting all pieces in box, storing in convenient place
	• hobbies and crafts—collecting all equipment in box, storing in convenient place
	pet care—cleaning brush, comb, litter box, or house
	agardening— cleaning, storing equipment in safe, dry place
	other:
12.4	Use structuring to maintain laigure and respection agricument and material safety in the
12.4.	Use strategies to maintain leisure and recreation equipment and material safely in the
	home and the community effectively and efficiently and on a regular basis (e.g., store
	all board games on shelf in family room, clean softball gloves with leather cleaner). (IF.A.1.In.2,

IF.A.1.Su.2)

Florida Department of Education

COURSE DESCRIPTION - GRADES 9-12, ADULT SUGGESTED COURSE PERFORMANCE OBJECTIVES

Subject Area: Supported Levels: 9-12

Course Number: 7961030

Course Title: Personal and Home Skills for Functional Living

Previous Course Title: Basic Personal and Home Living Skills

Credit: Multiple

A. Major Concepts/Content. The purpose of this course is to provide instruction in personal and home skills to enable students with disabilities to function at their highest levels and participate effectively at home and in the community. Emphasis will be placed on the practical application of personal and home skills as they relate to daily tasks of personal life.

The content should include, but not be limited to, the following:

- personal care, including hygiene and grooming
- living arrangements
- household maintenance
- health and safety
- interpersonal relationships
- nutrition
- community resources

This course shall integrate the Sunshine State Standards and Goal 3 Student Performance Standards of the Florida System of School Improvement and Accountability as appropriate to the individual student and to the content and processes of the subject matter. Students with disabilities shall:

CL.A.1.Su.1 complete specified Sunshine State Standards with modifications and guidance and support as appropriate for the individual student.

B. Special Note. This entire course may not be mastered in one year. A student may earn multiple credits in this course. The particular course requirements that the student should master to earn each credit must be specified on an individual basis. Multiple credits may be earned sequentially or simultaneously.

This course is primarily designed for students functioning at supported levels, who are generally capable of living and working with ongoing supervision and support. Three levels of functioning, independent, supported, and participatory, have been

designated to provide a way to differentiate benchmarks and course requirements for students with diverse abilities. Individual students may function at one level

across all areas, or at several different levels, depending on the requirements of the situation.

This course may also be used to accommodate the range of abilities within the population of students with disabilities. The particular benchmark for a course requirement should be selected for individual students based on their levels of functioning and their desired post-school outcomes for adult living and employment specified in the Transition Individual Educational Plan.

The level of functioning should be determined for each course requirement or performance objective. The key to determining the level is consideration of the amount of additional support and assistance that *must* be provided for the student. This support and assistance must be *beyond* what is typically provided for nondisabled individuals in performing the same type of behaviors or tasks. The following guidelines may be used to assist this process.

- For requirements/objectives mastered at the Independent Level, students are expected to be able to perform the behaviors identified for each benchmark *on their own* once they have mastered the knowledge and skills.
- For requirements/objectives mastered at the Supported Level, mastery should be determined with consideration of the amount and type of *guidance and support* necessary to the student to perform the behavior. This generally consists of some type of prompting or supervision.
 - Physical prompt—a touch, pointing, or other type of gesture as a reminder
 - Verbal prompt—a sound, word, phrase, or sentence as a reminder
 - Visual prompt—color coding, icons, symbols, or pictures as a reminder
 - Assistive technology—an alarm, an electronic tool
 - Supervision—from occasional inspection to continuous observation
- For requirements/objectives mastered at the Participatory Level, mastery should be determined with consideration of the amount and type of *assistance* necessary to the student to participate in the performance of the behavior.
 - Physical assistance—from a person, such as full physical manipulation or partial movement assistance
 - Assistive technology—full: props, bolsters, pads, electric wheelchair; partial: straps, lapboards, adapted utensils

The performance objectives are designed to provide teachers with ideas for short-term objectives for instructional planning. The performance objectives are not intended to be exhaustive of all the possible short-term objectives a student may need in this multiple credit course. Other objectives should be added as required by an individual student.

Instructional activities involving practical applications of course requirements may occur in naturalistic settings in home, school, and community for the purposes of practice, generalization, and maintenance of skills. These applications may require that the student acquire the knowledge and skills involved with the use of related technology, tools, and equipment.

C. Course Requirements. These requirements include, but are not limited to, the benchmarks from the Sunshine State Standards for Special Diploma that are most relevant to this course. Benchmarks correlated with a specific course requirement may also be addressed by other course requirements as appropriate. Some requirements in this course are not fully addressed in the Sunshine State Standards for Special Diploma.

After successfully completing this course, the student will:

1.	Use knowledge and skills for personal care, including hygiene and grooming.
	IF.A.1.Su.2 complete personal care, health, and fitness activities—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:
Dres	sing
1.1.	Identify common personal care activities involved in dressing (e.g., recognizing types of clothing, fasteners, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ selecting clothing for weather, occasion, or activity □ putting on clothing, closing fasteners □ taking off clothing, opening fasteners □ other:
1.2.	Identify when personal care activities involved in dressing are needed (e.g., when you wake up and dress for the day; when clothes need to be changed to fit the occasion—dressy event, exercise, casual dinner; when clothes are soiled). (IF.A.1.In.2, IF.A.1.Su.2)
1.3.	Use specific knowledge and skills when completing personal care activities involved in dressing (e.g., tying shoes, buttoning a shirt correctly, matching an outfit, putting on clothes with the correct side out). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ selecting clothing for weather, occasion, or activity □ putting on clothing, closing fasteners □ taking off clothing, opening fasteners □ other:
1.4.	Take off clothing which does not require fasteners. (Social and Personal A 1: II)
1.5. 1.6.	Take off clothing with fasteners. (Social and Personal A 3: III) Put on clothing which does not require fasteners. (Social and Personal A 4: III)
1.7.	Identify appropriate dress for occasion and weather. (Social and Personal A 5: IV)

- 1.8. Distinguish between appropriate dress for school, work, and leisure activities. (Social and Personal A 7: V)
- 1.9. Use strategies to complete dressing activities effectively and efficiently and on a regular basis (e.g., use sayings to indicate which colors do not match; use a rhyme to remember how to tie your shoes; ask someone to show you correct method—how to tie a tie; use alternative approaches—clip-on tie, Velcro shoe straps; hang matching clothes together; ask a roommate or same-age friend attending the same event what to wear). (IF.A.1.In.2, IF.A.1.Su.2)

Grooming

1.10.	Identify common personal care activities involved in grooming (e.g., recognizing types of equipment, supplies, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify:
1.11.	Identify when personal care activities involving grooming are needed (e.g., hair—wash when taking a shower, style before going out, brush when messy or tangled; nails—file when uneven, clean when dirty, polish when desired; cosmetics—apply when dressing up). (IF.A.1.In.2 IF.A.1.Su.2)
1.12.	Use specific knowledge and skills when completing grooming activities (e.g., parting hair evenly, using shampoo, not cutting nails too short, using deodorant every day). (IF.A.1.In.2, IF.A.1.Su.2) Specify:
1.13.	Use strategies to complete grooming activities effectively and efficiently and on a regular basis (e.g., look at pictures in magazines to choose hair style; mark recurring events on calendar—hair cut every six weeks, permanent every six months; mark scheduled appointments on

calendar; ask friend or relative about appropriate choice of cosmetics; keep grooming supplies

stored together). (IF.A.1.In.2, IF.A.1.Su.2)

Hygiene

Identify common personal care activities involved in hygiene (e.g., recognizing types of equipment and fixtures, supplies, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: washing and bathing—washing hands and face, showering dental care—brushing, flossing, using mouthwash using the toilet—cleaning self, flushing menstrual care—using protective products, disposing other:
Identify appropriate use of personal hygiene products (e.g., deodorant, shampoo, toothpaste). (Social and Personal A 6: IV)
Identify when personal care activities involving hygiene are needed (e.g., hand washing—when hands are dirty, before meals, after using the bathroom; bathing—once a day, after exercising; dental hygiene—brush teeth after meals, when you wake up and before you go to bed, floss teeth daily, get teeth cleaned at the dentist every six months; menstrual hygiene—use products monthly as needed). (IF.A.1.In.2, IF.A.1.Su.2)
Use specific knowledge and skills when completing hygiene activities (e.g., correctly brushing and flossing teeth, using the toilet, knowing how to make the water the correct temperature for bathing or hand washing, knowing why hygiene is important). (IF.A.1.In.2, IF.A.1.Su.2) Specify: a washing and bathing dental care using the toilet menstrual care other: other:
Wash and dry face and hands and brush teeth. (Social and Personal A 2: III)
Use strategies to complete hygiene activities effectively and efficiently and on a regular basis (e.g., mark spot on water control for comfortable bath or shower temperature; store supplies related to hygiene activities together; establish a routine for hygiene; look for alternative means of meeting hygiene needs—special gum for tooth cleaning, personal wipes). (IF.A.1.In.2, IF.A.1.Su.2)
Use appropriate practices to maintain good health and physical fitness.
IF.A.1.Su.2 complete personal care, health, and fitness activities—with guidance and support.
Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:

Diseases

2.1.	Identify common health care issues and practices involving diseases (e.g., recognizing symptoms, warning signs, medical care, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: identifying common diseases and symptoms identifying sexually transmitted diseases and HIV/AIDS identifying how diseases are transmitted and incubation periods identifying preventative measures and ways to avoid contact identifying possible treatments for communicable diseases identifying possible treatments for communicable diseases in the property of the property
2.2.	Identify when health care is needed for treatment or control of diseases (e.g., when minor symptoms persist, when you don't feel well enough to continue an activity, when you are in pain from illness). (IF.A.1.In.2, IF.A.1.Su.2)
2.3.	Recognize those illnesses and injuries which require a doctor's or dentist's attention. (Social and Personal E 40: IV)
2.4.	Use specific knowledge and skills when completing health care activities involving the treatment and control of diseases (e.g., getting enough fluids and rest, staying away from others and not spreading the disease, seeking help from family or medical persons, taking medicines only as directed). (IF.A.1.In.2, IF.A.1.Su.2) Specify: identifying common diseases and symptoms identifying sexually transmitted diseases and HIV/AIDS identifying how diseases are transmitted and incubation periods identifying preventative measures and ways to avoid contact identifying possible treatments for communicable diseases identifying when and how to seek assistance other:
2.5.	Demonstrate appropriate behavior while coughing, sneezing, or blowing nose. (Social and Personal D 38: III)
2.6.	Identify appropriate storage and use of medications. (Social and Personal D 41: V)
2.7.	Use strategies to compete activities related to disease control effectively and efficiently and on a regular basis (e.g., ask a friend or relative, put daily medicines in compartmentalized container, develop a wellness plan). (IF.A.1.In.2, IF.A.1.Su.2)

First Aid

2.8.	Identify common health care activities involving first aid (e.g., recognizing wounds; identifying warning signs; using treatments, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: stopping bleeding and applying bandages taking care of burns, poisons, and wounds getting help when needed calling 911, poison control other:
2.9.	Identify when first aid is needed for health care activities (e.g., after an accident; after skin has been cut, burned, or wounded; when somebody is choking; when someone is unconscious and not breathing). (IF.A.1.In.2, IF.A.1.Su.2)
2.10.	Use specific knowledge and skills when giving first aid (e.g., wrapping a bandage properly, cleaning cuts and wounds properly, applying gauze and tape to a wound properly, contacting a responsible person for assistance). (IF.A.1.In.2, IF.A.1.Su.2) Specify: stopping bleeding and applying bandages taking care of burns, poisons, and wounds getting help when needed other:
2.11.	Demonstrate or indicate knowledge of basic first aid principles. (Social and Personal E 45: VI)
2.12.	Use strategies to complete first aid activities effectively and efficiently (e.g., keep first aid supplies and guide stored together, take a first aid course; ask someone to show you how to properly administer first aid, keep emergency numbers on wall by phone). (IF.A.1.In.2, IF.A.1.Su.2)
Welln	ness
2.13.	Identify common health care activities involved in maintaining wellness (e.g., recognizing types of health care, professionals, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify:
2.14.	Identify body parts and gender. (Social and Personal E 39: III)
2.15.	Identify body functions and recognize personal responsibility for human sexuality. (Social and Personal E 44: V)

2.16.	Identify when health care activities are needed for wellness (e.g., see the general practitioner, gynecologist, and ophthalmologist annually or as needed; see the dentist every six months for a cleaning or as needed; attend to other kinds of problems). (IF.A.1.In.2, IF.A.1.Su.2)
2.17.	Use specific knowledge and skills when completing health care activities involving wellness (e.g., identifying specific health problems, describing problems to a doctor or medical assistant, participating in weight training). (IF.A.1.In.2, IF.A.1.Su.2) Specify: routine medical care—annual checkup personal daily medical needs—self-medication, seizure management regular exercise maintaining a nutritious diet using the Food Guide Pyramid stress management social activities other: other:
2.18.	Use strategies to complete wellness activities effectively, efficiently and on a regular basis (e.g., develop a wellness routine and follow it, participate in wellness activities with a friend, keep nonprescription drugs stored together, check expiration dates on nonprescription drugs every six months, ask doctor and dentist to send out reminders for annual physicals or six-month checkups, ask a friend or relative for advice). (IF.A.1.In.2, IF.A.1.Su.2)
Preve	nting Tobacco, Alcohol, and Other Drug Abuse
2.19.	Identify persons, objects, tasks, and areas associated with common health care issues involved in tobacco, alcohol, and other drug abuse. (IF.A.1.In.2, IF.A.1.Su.2) Specify: identifying the appropriate use of prescription and nonprescription drugs identifying physical dangers of tobacco, alcohol, and other drug abuse identifying mental and social dangers of substance abuse identifying legal control of tobacco, alcohol, and other drug use identifying the role of peer pressure other: other:
2.20.	Identify when health care activities are needed for tobacco, alcohol, and other drug abuse (e.g., using alcohol and tobacco habitually, taking drugs when no medical problem exists). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ home □ school □ community □ workplace
2.21.	Use specific knowledge and skills related to preventing tobacco, alcohol, and other drug abuse (e.g., taking only specified amount of prescription and nonprescription drugs; identifying the dangers of tobacco, alcohol, and other drugs; abiding by legal restrictions; knowing the characteristics of addiction; knowing how to resist peer pressure; identifying the negative impact of advertising and media related to substance abuse). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ home □ school □ community □ workplace
2.22	Recognize the health risk associated with substance abuse. (Social and Personal E 42: V

2.23.	use strategies related to prevention and treatment of tobacco, alcohol, and other drug abuse effectively and efficiently and on a regular basis (e.g., keep a list of recommendations or warnings with the prescriptions you take regularly—take with food or do not drink alcohol; join a support group for substance abusers, if needed; ask a trusted friend, relative, or doctor). (IF.A.1.In.2, IF.A.1.Su.2) Specify: \bigcup home \bigcup school \bigcup community \bigcup workplace
Motor	Control
2.24.	Identify common personal care needs involved in motor control (e.g., recognizing types of health care, professionals, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ strength, stamina, endurance, and muscular flexibility □ postural alignment for sitting, standing, lifting, and movement □ proximity to objects □ other:
2.25.	Identify when personal care activities are needed for motor control (e.g., when weight training or physical therapy is needed to build muscles to complete daily tasks, when cardiovascular exercise is needed to increase stamina or endurance, when assistive devices are needed for correct posture). (IF.A.1.In.2, IF.A.1.Su.2)
2.26.	Use specific knowledge and skills when completing personal care activities needed for motor control (e.g., maintaining good posture; using correct lifting, standing, moving, bending, and carrying techniques). (IF.A.1.In.2, IF.A.1.Su.2) Specify: strength, stamina, endurance, and muscular flexibility postural alignment for sitting, standing, lifting, and movement proximity to objects other:
2.27.	Use strategies related to motor control to complete activities effectively and efficiently and on a regular basis (e.g., ask occupational or physical therapist about lifting and moving; us adaptive or assistive devices when needed—dolly to move heavy objects, gripper to open jars, extension grabber to reach high objects). (IF.A.1.In.2, IF.A.1.Su.2)
Disabi	ility Awareness
2.28.	Identify common personal care activities involved in disability awareness (e.g., recognizing types of assistance, professionals, locations, events, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: appropriate use of equipment and assistive or adaptive devices recognizing the need for repair or maintenance of any prosthesis management of daily medical needs requesting assistance with disability needs when necessary
	other:

2.29.	Use specific knowledge and skills when completing personal care activities involving disability awareness (e.g., correctly using equipment and assistive or adaptive devices; appropriately administering self-medication; appropriately finding assistance with disability needs). (IF.A.1.In.2, IF.A.1.Su.2) Specify: appropriate use of equipment and assistive or adaptive devices appropriat
2.30.	Use strategies related to disability awareness to complete personal care activities effectively and efficiently and on a regular basis (e.g., store instructions for adaptive or assistive equipment in one place, keep all papers related to eligibility for various services in a safe place, join an advocacy group; get on a mailing list of disability advocacy groups, ask friends with similar disabilities how they take care of personal needs, keep a list of agencies to call for assistance or to answer questions, use a hot line or referral line). (IF.A.1.In.2, IF.A.1.Su.2)
Exerc	rise Programs
2.31.	Identify common health care activities involved in exercise programs (e.g., recognizing types of programs, professionals, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ selecting appropriate activities for fitness □ performing specific exercises □ maintaining participation in exercise programs □ being aware of potential problems resulting from exercise programs □ requesting assistance with disability needs when necessary □ other:
2.32.	Identify when exercise programs are needed (e.g., to lose weight; to maintain weight; to gain muscle; to lower blood pressure; to lower cholesterol; to strengthen heart, lungs, muscles; to reduce stress). (IF.A.1.In.2, IF.A.1.Su.2)
2.33.	Use specific knowledge and skills when completing activities in an exercise program (e.g., using motor skills to complete exercises appropriate to ability level—swimming, running; using coordination exercises for aerobics; practicing yoga or karate; using skills to monitor own progress). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ selecting appropriate activities for fitness □ performing specific exercises □ maintaining participation in exercise programs □ being aware of potential problems resulting from exercise programs □ requesting assistance with disability needs when necessary □ other: □ other:
2.34.	Use strategies to complete activities in an exercise program effectively and efficiently and on a regular basis (e.g., ask a doctor for a fitness plan, set up a schedule for regular exercise and follow it, exercise with a buddy, join an exercise group at local YMCA or community center, watch and follow along with a TV exercise program or exercise video). (IF.A.1.In.2, IF.A.1.Su.2)

3.	Demonstrate awareness of requirements for living arrangements for post- school adult living.
	IF.A.1.Su.1 complete productive and leisure activities used in the home and community—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt
3.1.	Identify persons, objects, tasks, and areas involved in selecting adult living environments. (IF.A.1.In.1, IF.A.1.Su.1) Specify: identifying types of residential alternatives selecting and planning where to live selecting and obtaining utilities and services—telephone, electricity, cable, waste removal identifying information contained in a mortgage or lease selecting and obtaining tenant or homeowner insurance identifying obligations and responsibilities associated with living independently identifying costs associated with obtaining and maintaining a house or apartmen other:
3.2.	Identify when specific productive activities are needed for selecting adult living environments (e.g., when to move, when to rent a room, when to look for a roommate, when to make a budget for home expenses). (If.A.1.In.1, IF.A.1.Su.1)
3.3.	Use specific knowledge and skills when completing activities involving selecting adult living environments (e.g., verifying accuracy of mortgage statement or lease agreement; determining if cable, phone, and utilities are included in rental costs; identifying costs associated with buying a house—insurance needs, taxes, mortgage, deposits, repairs, utilities, maintenance; evaluating types of residential alternatives—owning or renting, group homes, living alone or with a roommate, living at home with parents; identify and abide by rules of lease agreement—no pets, no smoking, late fees for rent, dates of move, fees for damages, parking spaces). (IF.A.In.1, IF.A.1.Su.1)
3.4.	Use strategies related to selecting adult living environments when completing related activities (e.g., keep track of listings in classified ads; make a list of desired features—number of bedrooms, parking, washer and dryer hookups; make a list of questions to ask potential landlord; check with others who have lived there before). (IF.A.1.In.1, IF.A.1.Su.1)
3.5.	Identify resources and sources of assistance for planning for adult living arrangements. (IF.B.1.In.1, IF.B.1.Su.1) Specify: □ individuals—family members, supervisors, teachers, □ agencies—government agencies, religious organizations, schools □ other:

3.6.	Set preferred goals for post-school adult living arrangements weighing strengths and weaknesses. (IF.B.1.In.1, IF.B.1.Su.1) Specify:
3.7.	Make a plan to implement personal goals for post-school adult living arrangements (e.g., identify steps, write the steps on paper, have someone look over steps, if assistance is needed). (IF.B.1.In.1, IF.B.1.Su.1)
3.8.	Adapt plan and goals in response to changing situations and requirements of adult living arrangements (e.g., determine that goal is out of reach, reevaluate goal, determine more obtainable goal, adjust plan). (IF.B.1.In.2, IF.B.1.Su.2)
4.	Initiate and carry out steps of household maintenance and domestic activities appropriately and safely (e.g., care of clothing, furniture, and personal goods; care of yard).
	IF.A.1.Su.1 complete productive and leisure activities used in the home and community—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:
Selec	ting and Caring for Clothing
4.1.	Identify common productive activities in the home involved in selecting and caring for clothing (e.g., recognizing types of clothing, equipment, supplies, locations, activities, and tasks). (IF.A.1.In.1, IF.A.1.Su.1) Specify: selecting and planning what to wear based on occasion, weather, or activity washing and drying clothes, hanging or folding clothes, ironing clothes using a washing machine and clothes dryer determining which clothes require dry cleaning mending clothes mending clothes organizing and storing clothing in closets or drawers recognizing when clothing should no longer be worn other: other:
4.2.	Identify when specific productive activities in the home are needed in selecting and caring for clothing (e.g., identifying when clothing needs to be cleaned—stained, soiled; determining which clothes to hang to dry and which clothes to be put in the dryer; removing and folding clothes from the dryer; identifying when clothes should no longer be worn—wrong size,

stained). (IF.A.1.In.1, IF.A.1.Su.1)

4.3.	Use specific knowledge and skills when completing activities involving selecting and caring for clothing (e.g., setting an iron to the appropriate setting for various fabrics; performing simple mending—hemming, replacing buttons, patching tears; sorting clothes by color and type before washing; pre-setting temperature dial of a washing machine; donating clothes that are too small to local charities; throwing clothes away that are unwearable; organizing clothing—placing all shorts in one drawer). (IF.A.1.In.1, IF.A.1.Su.1) Specify: selecting and planning what to wear based on occasion, weather, or activity washing and drying clothes, hanging or folding clothes, ironing clothes awashing machine and clothes dryer determining which clothes require dry cleaning mending clothes and organizing and storing clothing in closets or drawers recognizing when clothing should no longer be worn other: other: other: others.
4.4.	Perform laundry tasks. (Social and Personal F 49: V)
4.5.	Use strategies related to selecting and caring for clothing to complete productive activities in the home effectively and efficiently and on a regular basis (e.g., do laundry every weekend, put dirty clothes into separate baskets according to color, lay out clothes to wear the night before, hang matching outfits together, hang clothes together by seasonal use, make a chart of what type cleansing agent and washer or dryer temperature to use for which types of clothing, ask a friend or relative). (IF.A.1.In.1, IF.A.1.Su.1)
Selec	ting and Caring for Furniture, Appliances, and Other Personal Goods
4.6.	Identify common productive activities in the home involved in selecting and caring for furniture, appliances, and other personal goods (e.g., recognizing types of furniture, equipment, supplies, locations, and tasks). (IF.A.1.In.1, IF.A.1.Su.1) Specify: selecting needed furniture, appliances, and personal goods obtaining furniture, appliances, and personal goods by purchasing or borrowing observing warning precautions on appliances and furniture storing all manuals and warranties caring for furniture, appliances, and personal goods replacing furniture, appliances, and personal goods when needed other:
4.7.	Identify when specific activities are needed for selecting and caring for furniture, appliances, and other personal goods (e.g., selecting furniture items for need, comfort, quality, economy, and usefulness; identifying sources for purchasing furnishings and appliances; comparing prices before purchasing or leasing furniture or appliances; observing warning precautions and care instructions before cleaning stains off furniture). (IF.A.1.In.1, IF.A.1.Su.1)

4.8.	Use specific knowledge and skills when completing activities involving selecting and caring for furniture, appliances, and other personal goods (e.g., comparing prices of furniture and appliances at different stores, storing all manuals and warranties in a safe location, using appropriate cleaning supplies on furniture, reading care and use instructions, knowing where you have stored personal possessions). (IF.A.1.In.1, IF.A.1.Su.1) Specify: selecting needed furniture, appliances, and personal goods obtaining furniture, appliances, and personal goods by purchasing or borrowing observing warning precautions on appliances and furniture storing all manuals and warranties caring for furniture, appliances, and personal goods replacing furniture, appliances, and personal goods when needed
4.9.	Use strategies related to selecting and caring for furniture, appliances, and other personal goods to complete activities in the home effectively and efficiently and on a regular basis (e.g., put all cleaning materials in a plastic bin; keep a list of items to purchase; check the need for cleaning after each use—clean dryer lint trap after drying clothes; wipe top of stove after each use). (IF.A.1.In.1, IF.A.1.Su.1)
Clean	ing and Maintaining Interior Areas of Household
4.10.	Identify common productive activities in the home involved in household cleaning, safety, and maintenance of interior areas (e.g., recognizing areas, equipment, supplies, locations, and tasks). (IF.A.1.In.1, IF.A.1.Su.1) Specify: identifying areas and objects that need to be cleaned or maintained selecting appropriate products, tools, and equipment for housekeeping using products, tools, and equipment for household cleaning scheduling tasks that are done daily, weekly, monthly recycling bottles, cans, and paper using products, tools, and equipment for home maintenance tasks securing the home by locking windows and doors maintaining a comfortable temperature in house getting assistance if needed for tasks other: other:
4.11.	Identify when specific activities in the home are needed for household cleaning, safety, and maintenance of interior areas (e.g., changing light bulbs when they burn out; adjusting thermostat when the weather outside is cold; unclogging drains; painting a room; changing air filters; replacing items—broken ladders, soiled carpet; storing home cleaning supplies safely; cleaning bathroom; keeping windows and doors locked; using a fire extinguisher when there is a fire; reporting to authority if there is a power outage; selecting a broom, dust rag, or vacuum to clean; setting the speed of an electric fan when cooling is needed). (IF.A.1.In.1, IF.A.1.Su.1)

4.12.	Use specific knowledge and skills when completing productive activities in the home involving household cleaning, safety, and maintenance of interior areas (e.g., separating cans and paper items for recycling, washing, securing home by locking windows and doors, using a screwdriver for simple home maintenance, selecting correct supplies to clean bathroom, vacuuming floor, adjusting thermostat, changing light bulbs, unclogging drains, painting, knowing if home repairs should be made by professionals or self). (IF.A.1.In.1, IF.A.1.Su.1) Specify:
4.13.	Return items after use to a proper place. (Social and Personal F 46: III)
4.14.	Pick up trash and dispose properly. (Social and Personal F 47: III)
4.15.	Identify proper household tools and cleaning supplies for a given task. (Social and Personal F 48: IV)
4.16.	Perform simple home maintenance chores (e.g., sweeping walk, changing light bulbs, raking, weeding). (Social and Personal F 50: V)
4.17.	Safely handle potentially harmful objects and materials. (Social and Personal D 34: IV)
4.18.	Use strategies related to household cleaning, safety, and maintenance of interior areas to complete activities in the home effectively and efficiently and on a regular basis (e.g., mark major cleaning activities on the calendar, place a picture of object to be cleaned on cleaning agent, associate maintenance activities with each other or another event—check the battery in the smoke detector whenever a new month on the wall calendar is turned over; keep a reasonable number of maintenance supplies on hand). (IF.A.1.In.1, IF.A.1.Su.1)
Maint	aining Exterior Areas
4.19.	Identify common productive activities in the home involved in maintenance of exterior areas (e.g., recognizing types of areas, equipment, supplies, locations, and tasks). (IF.A.1.In.1, IF.A.1.Su.1) Specify:

4.20.	Identify when specific activities in the home are needed for maintenance of exterior areas (e.g., mowing grass when it gets too long, repainting house when the paint chips, raking leaves, trimming bushes, sweeping driveway or sidewalk, replacing lights around front door, replacing mailbox if damaged or knocked down). (IF.A.1.In.1, IF.A.1.Su.1)
4.21.	Use specific knowledge and skills when completing activities involving maintenance of exterior areas (e.g., raking leaves, painting house, mowing grass, edging sidewalk, trimming bushes, sweeping driveway or sidewalk, laying sod or planting flowers, cleaning front door mat, replacing mailbox). (IF.A.1.In.1, IF.A.1.Su.1) Specify: identifying exterior areas and objects that need to be cleaned in using products, tools, and supplies to perform yard care skills immoving lawns, weeding, raking leaves is scheduling tasks that are done daily, weekly, monthly is keeping sidewalk or driveway clean immintaining exterior, including outdoor light fixtures in other: including outdoor light fixtures
4.22.	Use strategies related to maintenance of exterior areas to complete activities in the home effectively and efficiently and on a regular basis (e.g., mark regular events on calendar; ask someone about regularly scheduled maintenance completed by owners—painting, lawn care; associate activities with seasons or times of year—spring cleaning, summer grass cutting, fall leaf raking). (IF.A.1.In.1, IF.A.1.Su.1)
5.	Demonstrate knowledge of effective ways to respond to unexpected events and potentially harmful situations.
5.	
5.	and potentially harmful situations. IF.B.2.Su.3 respond effectively to unexpected events and potentially harmful situations—
5. 5.1.	and potentially harmful situations. IF.B.2.Su.3 respond effectively to unexpected events and potentially harmful situations—with guidance and support. Indicate guidance and support necessary for mastery at supported level:physical prompt verbal prompt visual prompt

- 5.3. Identify unsafe factors or potentially dangerous situations in a home (e.g., overloaded electrical outlets, firearms in the home, faulty wiring, dangerous chemicals stored in an open place, an intruder at the door). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.4. Identify daily procedures to protect the home from intruders (e.g., keeping doors and windows locked, keeping garage door shut, keeping curtains closed). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.5. Identify when phone calls need to be terminated (e.g., when obscene, when threatening, if caller is soliciting). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.6. Identify unsafe factors or potentially dangerous situations in a community (e.g., heavy traffic, unlit streets, accepting gifts from strangers, accepting rides from strangers, walking alone at night, walking in unfamiliar areas, walking in alleys or unlit areas). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.7. Recognize dangerous situations in the environment. (Social and Personal D 33: III)
- 5.8. Identify aggressive and violent behavior in others as a threat to personal safety (e.g., pushing, verbal harassment, threats, hitting, biting, unwanted sexual advances). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.9. Identify ways to avoid confrontation with violent or aggressive individuals (e.g., walk away, do not provoke, do not become violent or aggressive). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.10. Behave in ways that avoid confrontation with violent or aggressive individuals (e.g., walk away, do not provoke, do not become violent or aggressive). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.11. Identify conditions when inappropriate physical contact should be reported to a trusted adult (e.g., report if touching makes you uncomfortable, if someone forces you to do something you don't want to do, if someone tells you his or her actions are acceptable when you know they are not). (IF.B.2.In.3, IF.B.2.Su.3)
- 5.12. Identify appropriate coping skills in relation to death, dying, and suicide prevention (e.g., allow time to mourn loss, do not deny loss, talk to someone you trust). (IF.B.2.In.3, IF.B.2.Su.3)

6. Demonstrate interpersonal communication skills necessary for home and community living.

SE.A.2.Su.1		otably with others within the ving—with guidance and su	course of social, vocational, and pport.	
CO.A.1.Su.1		nunication and respond effect —with guidance and support.	ively when communicating in a	variety
Indicate guidanc	e and support n	ecessary for mastery at suppo	orted level:	
physical pro	ompt	verbal prompt	visual prompt	
assistive tec	chnology	supervision	other:	

Interpersonal Communication

- 6.1. Identify steps for introducing self to others (e.g., saying hello, shaking hands, stating first and/or last name). (SE.A.2.In.1, SE.A.2.In.1)
- 6.2. Identify characteristics of a good listener when interacting with others (e.g., looks at you while you are speaking, responds to your questions, is attentive while you are speaking, shakes head and nods to respond). (SE.A.2.In.1, SE.A.2.In.1)
- 6.3. Identify verbal and nonverbal communications which relay messages to others (e.g., body language—winking, waving, blowing a kiss, patting another on the back, hugging another; verbal comments—commenting on their appearance, telling someone he or she did a good job, telling someone to leave you alone). (SE.A.2.In.1, SE.A.2.In.1)
- 6.4. Identify communications and behaviors that compliment others (e.g., saying "Good job." "Well done." "I am impressed with your work." "I admire your ability."; honoring others with rewards; commending others; applauding others). (SE.A.2.In.1, SE.A.2.In.1)
- 6.5. Recognize and display sensitivity to others' feelings (e.g., waiting until upset person is ready to talk, showing concern for upset person, letting person know you are there to talk to, showing joy for happy person, helping a person in distress). (SE.A.2.In.1, SE.A.2.In.1)
- 6.6. *Identify personal feelings. (Social and Personal G 54: IV)*
- 6.7. Use actions of others as social cues for appropriate behavior (e.g., waiting to start eating until all have been served, letting others go first when waiting in line, not sitting down until all others have been seated, cheering at a baseball game). (SE.A.2.In.1, SE.A.2.In.1)
- 6.8. Identify behaviors that represent appropriate physical contact from others (e.g., casual greetings—shaking hands; displays of friendships—patting on back, shaking hands; displays of love—giving a hug, giving a kiss, patting back, holding hands). (SE.A.2.In.1, SE.A.2.In.1)
- 6.9. Identify behaviors that represent inappropriate physical contact from others (e.g., touching someone when he or she doesn't want to be touched, hugging someone that you do not know, hitting others, kicking others, pushing others down). (SE.A.2.In.1, SE.A.2.In.1)

Communication

- 6.10. Use appropriate greetings when meeting others in the home (e.g., "Hi, it's nice to see you again."). (CO.A.1.In.1, CO.A.Su.1)
- 6.11. Respond to greetings appropriately (e.g., "Thank you for coming." "Fine, thank you.") (CO.A.l.In.1, CO.A.Su.1)
- 6.12. Use appropriate topics when conversing with others. (CO.A.1.In.1, CO.A.Su.1)

Course Number: 7961030 - Personal and Home Skills for Functional Living Responding to Humor

6.13.	•	nples of behaviors that are appropriate responses to humor (e.g., laugh, s over mouth). (IF.B.2.In.1, IF.B.2.Su.1)	
6.14.	Specify:	ate responses to humor in various situations. (IF.B.2.In.1, IF.B.2.Su.1) home—family gatherings, meals, chores school—in class, between classes, extracurricular activities community—events, organizations, services community—leisure activities, stores, restaurants, traveling workplace—productive activities, breaks, meals	
6.15.	•	nples of appropriate responses to teasing (e.g., do not get upset, walk away, unter accusations). (IF.B.2.In.1, IF.B.2.Su.1)	
Respo	onding to Cri	ticism	
6.16.	(e.g., acknowle	nples of behaviors that are appropriate responses to criticism dge own mistakes, accept mistakes, seek advice or assistance, improve or change r performance, ask for clarification). (IF.B.2.In.1, IF.B.2.Su.1)	
6.17.	Specify:	ropriately to criticism in various situations. (IF.B.2.In.2, IF.B.2.Su.2) home—family gatherings school—in class, between classes, extracurricular activities community—events, organizations, services community—leisure activities, stores, restaurants, traveling workplace	
6.18.	Identify behaviors which indicate the acceptance of responsibility for own actions, attitudes, and decisions. (Social and Personal G 56: V)		
6.19.		use of strategies to resolve interpersonal difficulties. csonal G 60: VI)	
7.		e awareness of responsible behavior in interpersonal os and families.	
	IF.B.2.Su.1	identify patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support.	
	IF.B.2.Su.2	demonstrate patterns of conduct that comply with social and environmental expectations in specified situations—with guidance and support.	
	SE.A.2.Su.1	interact acceptably with others within the course of social, vocational, and community living—with guidance and support.	
	Indicate guidan physical pr assistive te		

7.1.	Identify examples of considerate behavior (e.g., offer assistance, say please and thank you, make tactful comments, share equipment, ask permission). (IF.B.2.In.1, IF.B.2.Su.1)
7.2.	Demonstrate consideration of others in various situations. (IF.B.2.In.2, IF.B.2.Su.2) Specify:
7.3.	Identify examples of behavior that is cooperative (e.g., share ideas and effort, work well with others, wait for turn, listen to others' opinions). (IF.B.2.In., IF.B.2.Su.1)
7.4.	Demonstrate cooperative behavior in various situations. (IF.B.2.In.2, IF.B.2.Su.2) Specify:
7.5.	Cooperate with peers. (Social and Personal G 51: III)
7.6.	Show respect for property of others. (Social and Personal G 52: III)
7.7.	Demonstrate interpersonal skills necessary for task completion when working with another person. (Social and Personal C 25: IV)
7.8.	Demonstrate interpersonal skills necessary for task completion when working with more than one person. (Social and Personal C 27: V)
7.9.	Identify examples of behaviors that are assertive (e.g., look at person when talking, repeat requests if not fulfilled, let others know what is needed). (IF.B.2.In.1, IF.B.2.Su.1)
7.10.	Demonstrate assertiveness in various situations. (IF.B.2.In.2, IF.B.2.Su.2) Specify:
7.11.	Demonstrate behavior that contributes to the effort of a group or family. (SE.A.1.In.1, SE.A.1.Su.1)
7.12.	Identify responsibilities one has to his or her family, (SE.A.1.In.1, SE.A.1.Su.1)

7.13. Use responsible behavior when interacting with others in the home or family.

(SE.A.1.In.1, SE.A.1.Su.1) 8. Demonstrate awareness of nutritional values of food and their relationship to health (e.g., diets, eating habits) relevant to personal needs. complete personal care, health, and fitness activities—with guidance and support. IF.A.1.Su.2 Indicate guidance and support necessary for mastery at supported level: ___ physical prompt ___ verbal prompt ___ visual prompt ___ visual prompt ___ other: ____ ____ other: _____ **Eating** 8.1. Identify persons, objects, tasks, and areas associated with common personal care activities involved in eating. (IF.A.1.In.2, IF.A.1.Su.2) Specify: _____ \(\sigma\) selecting and using dishes, glasses, and utensils properly using table manners, including cleaning up ☐ other: 8.2. Use specific knowledge and skills when completing personal care activities involved in eating (e.g., selecting the appropriate utensil or dish, cutting food correctly, using a napkin, initiating eating when appropriate, knowing which foods are finger foods). (IF.A.1.In.2, IF.A.1.Su.2) Specify: ____ \(\bigcup \) home ____ \(\bigcup \) school ____ \(\bigcup \) community 8.3. *Feed self with spoon independently. (Social and Personal B 8: II)* 8.4. Feed self independently with utensils. (Social and Personal B 9: III) 8.5. Discriminate food items from nonfood items. (Social and Personal B 10: III) 8.6. *Use appropriate table manners (e.g., passing food, sharing condiments).* (Social and Personal B 12: IV) 8.7. Follow correct lunch procedures. (Social and Personal B 13: IV) Nutrition 8.8. Identify common health care activities involving nutrition (e.g., recognizing types of food, locations, and tasks). (IF.A.1.In.2, IF.A.1.Su.2) Specify: selecting food that provides nutritional value according to the Food Guide **Pyramid** __ \(\square\) following a diet that provides complete nutrition ☐ other:

8.9.	Identify when health care activities are needed for nutrition (e.g., when decreasing food intake, when increasing food intake, when maintaining weight, when planning meals for a week, when making a grocery list). (IF.A.1.In.2, IF.A.1.Su.2)
8.10.	Use specific knowledge and skills when completing health care activities involving nutrition (e.g., eating nutritious snacks or meals, limiting the amount of intake, knowing about serving sizes). (IF.A.1.In.2, IF.A.1.Su.2) Specify: □ selecting food that provides nutritional value according to the Food Guide Pyramid □ following a diet that provides complete nutrition □ other:
8.11.	Use strategies to complete activities related to nutrition effectively and efficiently and on a regular basis (e.g., keep a list of nutritious meals; keep a list of nutrient rich and nutrient lacking foods to eat; pre-measure servings—make and freeze hamburger patties ahead of time; use measuring devices to serve food—1/2 cup of mashed potatoes; purchase perishable food in small amounts; ask a friend or relative). (IF.A.1.In.2, IF.A.1.Su.2)
9.	Demonstrate skills for food preparation and handling.
	IF.A.1.Su.1 complete productive and leisure activities used in the home and community—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:
9.1.	Identify common productive activities in the home involved in food preparation, serving, and storage (e.g., recognizing types of food, tools, equipment, locations, and tasks). (IF.A.1.In.1, IF.A.1.Su.1) Specify:

- 9.2. Identify when specific productive activities in the home are needed for food preparation and storage (e.g., preparing a balanced breakfast, lunch, and dinner; clearing food from a dining table; preparing coffee and snacks for a group of friends; disposing of food left after preparation or meal—placing food in garbage disposal, placing leftovers in refrigerator). (IF.A.1.In.1, IF.A.1.Su.1)
- 9.3. Use specific knowledge and skills in activities involving food preparation, serving, and storage (e.g., selecting type of dish to be used in a microwave oven, locating the cold water faucet on a sink to obtain water for making iced tea, setting the oven temperature according to recipe directions, setting the timer on a stove or microwave, turning off burner when cooking is completed, placing food in garbage disposal, selecting the package size and number of packages needed to meet recipe requirements). (IF.A.1.In.1, IF.A.1.Su.1) Specify: _____ □ selecting and planning what to eat—according to the Food Guide Pyramid ■ serving already prepared food preparing simple cold foods—salads, sandwiches ☐ preparing simple hot foods—soups, hot beverages _____ preparing more complicated foods—cookies, stews, roasts using small appliances in preparing food—blender, mixer, toaster using large appliances in preparing food—stove, oven, refrigerator ____ ☐ following a recipe—measuring, cutting, mixing, cooking, cooling _____ setting table and serving food ____ cleaning up table, dishes, and kitchen ____ □ storing food—opened food packages, leftovers determining food conditions—spoiled, raw, cooked, frozen, defrosted using adaptive devices in preparing food other: Use strategies related to food preparation and storage to complete productive 9.4. activities in the home effectively and efficiently and on a regular basis (e.g., color code measuring tools, use a recipe with pictures of steps to follow, create a menu for the week with pictures of each food or meal, write date on packages when stored in freezer, indicate with words or icons which containers should be used for wet or dry storage, ask a friend or relative). (IF.A.1.In.1, IF.A.1.Su.1) 9.5. Select appropriate kitchen utensils for food preparation. (Social and Personal B 11: IV) 9.6. Serve self from food containers. (Social and Personal B 14: IV) 9.7. Follow a simple recipe. (Social and Personal B 15: V) 9.8. Select and operate kitchen appliances for food preparation. (Social and Personal B 16: 9.9. *Identify proper storage areas for food.* (Social and Personal B 17: V)

Plan and prepare a meal. (Social and Personal B 18: VI)

9.10.

10.	Demonstrate skills for completing transactions in the community (e.g., using telephone, requesting assistance, making payments, attending events).		
	IF.A.2.Su.1 use community resources and services for specified purposes—with guidance and support.		
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:		
Mail	and Telephone Services		
10.1.	Identify community service agencies, businesses, or other resources that assist individuals with mail, telephone, and e-mail to accomplish functional tasks. (IF.A.2.In.1, IF.A.2.Su.1) Specify: □ mail—US Post Office □ telephone—local provider, long distance carrier, cellular phone company, e-mai provider □ other: □ other:		
10.2.	Use basic knowledge and skills when using mail services to accomplish functional tasks. (IF.A.2.In.1, IF.A.2.Su.1) Specify:		
10.3.	Demonstrate the specific knowledge and skills required to use a telephone to accomplish functional tasks. (IF.A.2.In.1, IF.A.2.Su.1) Specify:		

10.4.	Use specific knowledge and skills required to communicate by telephone to accomplish functional tasks. (IF.A.2.In.1, IF.A.2.Su.1) Specify: what to say when answering the phone—"Hello. Is there?" what to say when making a call—"Hello. This is" what to say when ending a call—"Bye. Talk to you later." how to leave a message how to take a message how to carry on a conversation on the phone other:
10.5.	Identify and use emergency number $(0-911)$ on a telephone in an appropriate manner. (Social and Personal H 61: IV)
10.6.	Place and answer calls on the telephone in an appropriate manner. (Social and Personal H 62: V)
Mana	ging Money and Personal Finances
10.7.	Identify common productive activities involved in managing money and personal finances (e.g., recognizing types of money, bills, equipment, supplies, locations, and tasks). (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ preparing a budget □ managing and protecting personal cash □ using comparative shopping to make wise purchases □ other:
10.8.	Identify when specific activities are needed for managing money and personal finances (e.g., making purchases, comparing items for the best buy, preparing budgets for trips and leisure activities, saving money for emergencies, determining sales tax on a purchase). (IF.A.1.In.1, IF.A.1.Su.1)
10.9.	Use specific knowledge and skills when completing activities involving managing money and personal finances (e.g., donating money to charities, filing taxes, counting money or check amount to deposit, opening a savings or checking account, reviewing and payin monthly bills and statements, paying bills by the due date, using information in advertisements, storing information regarding personal finances). (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ preparing a budget □ managing and protecting personal cash □ using comparative shopping to make wise purchases □ other:
10.10.	Associate the financial institution (e.g., bank, credit union) with money. (Mathematics E 34: IV)
10.11.	Identify the purposes of a checking and savings account. (Mathematics E 39: V)

10.12. Use strategies related to managing money and personal finances to complete activities effectively and efficiently and on a regular basis (e.g., deposit checks immediately upon receipt, use direct deposit for payroll and/or benefits checks, mark dates of recurring bills on calendar, pay bills at regularly scheduled times—1st and 15th of month). (IF.A.1.In.1, IF.A.1.Su.1)

Practicing Citizenship

10.13.	Identify common productive activities in the community involved in citizenship (e.g., recognizing types of opportunities and responsibilities, organizations, locations, events, activities, and tasks). (IF.A.1.In.1, IF.A.1.Su.1)
	Specify: Decoming familiar with community leaders and organizations
	participating in local service organizations
	□ participating in service activities of religious organizations □ other:
10.14.	Identify when specific activities in the community are needed for citizenship
	(e.g., keeping up with issues, volunteering on holidays or in times of disaster). (IF.A.1.In.1, IF.A.1.Su.1)
10.15.	Use specific knowledge and skills when completing activities in the community involving citizenship (e.g., participating in community events, helping at an election; working with others on a service project, obeying rules and laws). (IF.A.1.In.1, IF.A.1.Su.1) Specify: \(\begin{array}{cccccccccccccccccccccccccccccccccccc
	□ participating in rocal service organizations □ participating in church service activities □ other:
10.16.	Identify rules of citizenship within the community. (Social and Personal H 64: V)
10.17.	Identify reasons for voting. (Social and Personal H 65: VI)
10.18.	Use strategies related to citizenship to plan activities in the community effectively and efficiently and on a regular basis (e.g., check the newspaper or community bulletin board on local news for opportunities for volunteering). (IF.A.1.In.1, IF.A.1.Su.1)
Seekin	ng Assistance
10.19.	Identify persons and agencies to ask for assistance in emergency situations (e.g., police, fire department, parents, teachers, Red Cross). (IF.B.2.In.3, IF.B.2.Su.3)
10.20.	Ask for assistance in various situations and emergencies (e.g., dial 911, call fire or police department directly, seek assistance from teacher or parent). (IF.B.2.In.3, IF.B.2.Su.3)
10.21.	Seek help and accept assistance. (Social and Personal C 21: III)
10.22.	Identify procedures for seeking assistance in unfamiliar or emergency situations. (Social and Personal D 35: V)

10.23. Identify steps to take in reporting a fire or other emergency (e.g., remain calm, dial 911, identify name, identify location, follow directions of operator). (IF.B.2.In.3, IF.B.2.Su.3) Demonstrate awareness of community resources relevant to personal needs 11. (e.g., health care, personal services, stores, banks, entertainment, churches). use community resources and services for specified purposes—with guidance and IF.A.2.Su.1 support. Indicate guidance and support necessary for mastery at supported level: ____physical prompt _____verbal prompt _____visual prompt _____visual prompt _____ visual prompt _____ other: ______ **Using Community Resources for Personal Needs** 11.1. Use basic knowledge and skills required to benefit from resources in the community that provide personal needs services (e.g., knowing how to locate the service, making an appointment, paying the cost). (IF.A.2.In.1, IF.A.2.Su.1) Specify: ____ \(\begin{align*} \text{hair care} & \begin{align*} \begin{align*} \text{laundromat} & \begin{align*} \begin{align*} \text{dry cleaner} \\ \begin{align*} \text{dry cleaner} & \begin{align*} \text{ 11.2. Identify services provided by local community agencies. (Social and Personal E 43: V) 11.3. Use basic knowledge and skills required to benefit from resources in the community that provide public services (e.g., knowing how to locate the service, making an appointment, filling out an application). (IF.A.2.In.1, IF.A.2.Su.1) Specify: ____ □ library ____ □ parks and recreation facilities ____ □ public safety ___ □ other: ____ Use basic knowledge and skills required to benefit from resources in the community that provide retail services (e.g., knowing how to locate the store, finding the desired items to purchase, using comparison shopping techniques, paying for the item). (IF.A.2.In.1, IF.A.2.Su.1) ☐ grocery stores ☐ hardware store ☐ specialty stores ☐ flea markets ☐ second hand stores ☐ garage sales ☐ other: ☐ 11.5. Use basic knowledge and skills required to benefit from resources in the community that provide food services (e.g., knowing how to locate the restaurant, ordering from the menu, paying the bill). (IF.A.2.In.1, IF.A.2.Su.1) Specify: ____ 🗆 restaurants ____ 🗀 cafeterias ____ 🗅 fast food chains ____ □ refreshment stands ____ □ vending machines _ **\bigcup other:** ______

371

11.6. *Use coin-operated machines.* (Social and Personal H 63: V)

11.7.	Use basic knowledge and skills required to benefit from resources in the community that provide entertainment services (e.g., knowing how to locate the event, buying a ticket, finding the reserved seat). (IF.A.2.In.1, IF.A.2.Su.1) Specify: □ movies □ arenas □ skating rinks □ video arcades □ museums—science, art, historical □ other:
11.8.	Use basic knowledge and skills required to benefit from resources in the community that provide financial services (e.g., knowing how to locate the bank, depositing money, balancing the account, writing a check). (IF.A.2.In.1, IF.A.2.Su.1) Specify: □ banks □ credit unions □ savings and loan
11.9.	Use basic knowledge and skills required to benefit from resources in the community that provide medical and health-related services (e.g., knowing how to locate the service, making an appointment). (IF.A.2.In.1, IF.A.2.Su.1) Specify:
12.	Travel safely within and beyond the community. IF.A.2.Su.2 demonstrate safe travel within and beyond the community—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:
Genei	ral Travel Information
12.1.	Identify various means of transportation for people with disabilities (e.g., walking, special transit services, special assistance on trains, airlines, taxis). (IF.A.2.In.2, IF.A.2.Su.2)
12.2.	Identify the dangers, responsibilities, and behavior appropriate to independent travel in increasingly complex settings (e.g., dangers—large crowds, unsafe drivers, unsafe passengers, dangerous driving conditions due to weather; responsibilities—keeping track of personal belongings, being aware of environment, knowing destination; behaviors—keeping hands to self, not talking loudly, being polite, asking driver for assistance when necessary). (IF.A.2.In.2, IF A 2 Su 2)

Mobility Within the Home, Community Buildings, and Schools

12.3. Identify and find specific locations in the school environment when completing functional tasks (e.g., classrooms, administrative offices, gymnasiums, media centers, eating areas, restrooms, recreation areas, waste disposal area, storage areas). (IF.A.2.In.2, IF.A.2.Su.2)

- 12.4. Identify and find specific locations in home or apartment when completing functional tasks (e.g., living areas, eating areas, kitchen, bath, recreation areas, laundry areas, storage areas). (IF.A.2.In.2, IF.A.2.Su.2)
- 12.5. Identify and find specific locations in stores when completing functional tasks (e.g., grocery store—produce, deli, bakery, frozen foods, canned foods, paper products, cashier, restrooms; department store—dressing rooms, men's clothing, women's clothing, shoes, linens, cashier, restroom; video store—new releases; science fiction, horror, or comedy films; snacks; cashier). (IF.A.2.In.2, IF.A.2.Su.2)
- 12.6. Identify and find specific locations in restaurants when completing functional tasks (e.g., non-smoking and smoking sections, hostess stand, cashier, restrooms, customer dining area, telephones). (IF.A.2.In.2, IF.A.2.Su.2)
- 12.7. Identify and find specific locations in buildings when completing functional tasks (e.g., elevators, stairs, emergency exits, restrooms). (IF.A.2.In.2, IF.A.2.Su.2)
- 12.8. Locate a specific room, apartment, or office within a building in the community (e.g., use directional signs, numbers, or letters on doors, use directories). (IF.A.2.In.2, IF.A.2.Su.2)
- 12.9. Enter and exit buildings through appropriate doorways (e.g., attend to "In," "Out," "Enter," and "Exit" designations on doors). (IF.A.2.In.2, IF.A.2.Su.2)

Traveling within the Community

- 12.10. Move about in the immediate neighborhood from one location to another (e.g., walking, biking, by car). (IF.A.2.In.2, IF.A.2.Su.2)
- 12.11. Use available modes of transportation to reach distant locations in the community (e.g., bicycle, bus, taxi, car). (IF.A.2.In.2, IF.A.2.Su.2)
- 12.12. Practice safety procedures when walking or biking (e.g., follow detour and rerouting signs near constructional and repair sites, wear a helmet when biking, obey traffic signals, face traffic, use sidewalks or bike lanes, use crosswalks). (IF.A.2.In.2, IF.A.2.Su.2)
- 12.13. Practice safety procedures when riding in a car (e.g., wear seat belt, lock door). (IF.A.2.In.2, IF.A.2.Su.2)

12.14.	Use basic knowledge and skills required to benefit from resources in the community		
	that provide transportation services (e.g., know	ving how to contact the service, making a	
	reservation, paying the fare). (IF.A.2.In.1, IF.A.2.S	u.1)	
	Specify: public buses	¬ private taxis and limos	
	special services for disabled	dother:	

- 12.15. Identify safety precautions related to traffic and pedestrian travel. (Social and Personal D 36: V)
- 12.16. Demonstrate understanding of safety and warning signs in the environment. (Social and Personal D 36: V)

Florida Department of Education

COURSE DESCRIPTION - GRADES 9-12, ADULT SUGGESTED COURSE PERFORMANCE OBJECTIVES

Subject Area: Supported Levels: 9-12

Course Number: 7961020

Course Title: Communication Skills for Functional Living

Previous Course Title: Basic Communication Skills

Credit: Multiple

A. Major Concepts/Content. The purpose of this course is to provide instruction in expressive and receptive communication concepts and skills to enable students with disabilities to function at their highest levels and participate effectively in the community. Emphasis will be placed on the practical application of communication skills as they relate to daily tasks of personal life and the workplace.

The content should include, but not be limited to, the following:

- response to auditory stimulation
- use of oral language appropriate for various life situations
- use of augmentative communication systems
- interpretation of gestures, cues, and body language
- use of communication in the context of daily living and the workplace

This course shall integrate the Sunshine State Standards and Goal 3 Student Performance Standards of the Florida System of School Improvement and Accountability as appropriate to the individual student and to the content and processes of the subject matter. Students with disabilities shall:

- CL.A.1.Su.1 complete specified Sunshine State Standards with modifications and guidance and support as appropriate for the individual student.
- **B.** Special Note. This entire course may not be mastered in one year. A student may earn multiple credits in this course. The particular course requirements that the student should master to earn each credit must be specified on an individual basis. Multiple credits may be earned sequentially or simultaneously.

This course is primarily designed for students functioning at supported levels, who are generally capable of living and working with ongoing supervision and support. Three levels of functioning, independent, supported, and participatory, have been designated to provide a way to differentiate benchmarks and course requirements for students with diverse abilities. Individual students may function at one level across all areas, or at several different levels, depending on the requirements of the situation.

This course may also be used to accommodate the range of abilities within the population of students with disabilities. The particular benchmark for a course requirement should be selected for individual students based on their levels of functioning and their desired post-school outcomes for adult living and employment specified in the Transition Individual Educational Plan.

The level of functioning should be determined for each course requirement or performance objective. The key to determining the level is consideration of the amount of additional support and assistance that *must* be provided for the student. This support and assistance must be *beyond* what is typically provided for nondisabled individuals in performing the same type of behaviors or tasks. The following guidelines may be used to assist this process.

- For requirements/objectives mastered at the Independent Level, students are expected to be able to perform the behaviors identified for each benchmark *on their own* once they have mastered the knowledge and skills.
- For requirements/objectives mastered at the Supported Level, mastery should be determined with consideration of the amount and type of *guidance and support* necessary to the student to perform the behavior. This generally consists of some type of prompting or supervision.
 - Physical prompt—a touch, pointing, or other type of gesture as a reminder Verbal prompt—a sound, word, phrase, or sentence as a reminder
 - Visual prompt—color coding, icons, symbols, or pictures as a reminder
 - Assistive technology—an alarm, an electronic tool
 - Supervision—from occasional inspection to continuous observation
- For requirements/objectives mastered at the Participatory Level, mastery should be determined with consideration of the amount and type of *assistance* necessary to the student to participate in the performance of the behavior.
 - Physical assistance—from a person, such as full physical manipulation or partial movement assistance
 - Assistive technology—full: props, bolsters, pads, electric wheelchair; partial: straps, lapboards, adapted utensils

The performance objectives are designed to provide teachers with ideas for short-term objectives for instructional planning. The performance objectives are not intended to be exhaustive of all the possible short-term objectives a student may need in this multiple credit course. Other objectives should be added as required by an individual student.

Instructional activities involving practical applications of course requirements may occur in naturalistic settings in home, school, and community for the purposes of practice, generalization, and maintenance of skills. These applications may require that the student acquire the knowledge and skills involved with the use of related technology, tools, and equipment.

This course may be used with students who require the assistance of communication systems including signing, communication boards, or other adaptive equipment. Course requirements should be modified as appropriate.

C. Course Requirements. These requirements include, but are not limited to, the benchmarks from the Sunshine State Standards for Special Diploma that are most relevant to this course. Benchmarks correlated with a specific course requirement may also be addressed by other course requirements as appropriate. Some requirements in this course are not fully addressed in the Sunshine State Standards for Special Diploma.

After successfully completing this course, the student will:

1.	Demonstrate	e receptive language skills.
	CL.B.1.Su.1	identify and locate oral, print, or visual information to accomplish functional tasks—with guidance and support.
	CL.B.1.Su.2	interpret and use oral, print, or visual information to accomplish functional tasks—with guidance and support.
	physical pr	ce and support necessary for mastery at supported level: ompt verbal prompt visual prompt chnology supervision other:
Soun	ıds	
1.1.	doorbells, telep alarms, fire alar CL.B.1.Su.1) Specify sounds	heaning of environmental sounds in various situations (e.g., alerting—hone, weather alerts on television, seat belt alerts in cars; warning—elevator rms; informing—school bells, busy signal on telephone). (CL.B.1.In.1, alerting alerting warning other:
		lome school community workplace
1.2.	coming from, w	ource or location of sounds in various situations (e.g., where a knock is where the telephone is ringing, where a person calling your name is located, where a in the house is located). (CL.B.1.In.1, CL.B.1.Su.1) \[\to \text{home} \to \text{community} \to \text{workplace} \]
1.3.	Locate a sou	nd source. (Language A 2: I)

Objects, Areas, and Tasks

1.4.	Identify objects, areas, and tasks for productive activities in the home (e.g., cleaning the house, cooking a meal, washing clothes, maintaining the yard, repairing a dripping faucet). (CL.B.1.In.1, CL.B.1.Su.1)
	Specify:
	cooking—kitchen, stove, measuring cups, pots, pans
	☐ laundry—washer, dryer, detergent, bleach, stain remover
	upard work—lawn, rake, lawnmower, shovel, hose
	home repair—garage, workshop, hammer, wrench, drill, plunger
	other:
1.5.	Identify objects, areas, and tasks for workplace activities (e.g., answering the phone, copying information, changing oil, changing a tire, taking an order at the dry cleaner, setting up a work station at a restaurant, fixing drinks for customers, selling clothes). (CL.B.1.In.1,
	CL.B.1.Su.1)
	Specify:
	• food—trays, drink machine, sugar caddies, refrigerator
	a nood—trays, drink machine, sugar caudies, refrigerator a maintenance—broom, wastebasket, cleaning supplies
	other:
1.6.	Identify objects, areas, and tasks for school activities (e.g., class assignments, homework assignments, reports, taking notes, working in the family and consumer sciences lab, physical education class). (CL.B.1.In.1, CL.B.1.Su.1) Specify: □ classroom—desks, chalkboard, reference books, computers □ cafeteria—trays, drink containers, waste baskets □ school facilities—media center, guidance, office, gymnasium, all-purpose room, bus □ lab or workshop—equipment, tools, scales, sink, supplies □ personal—folder, locker, textbook, workbook □ other:
1.7.	Identify objects, areas, and tasks for productive activities in the community (e.g., banking, picking up dry cleaning, shopping for groceries, voting). (CL.B.1.In.1, CL.B.1.Su.1) Specify: □ banking □ shopping □ using the post office □ eating out □ using the library □ other:
1.8.	Identify objects, areas, and tasks for leisure activities (e.g., packing for a camping trip,
	practicing for a concert, playing a team sport). (CL.B.1.In.1, CL.B.1.Su.1)
	Specify: indoor games crafts/hobbies outdoor activities
	sports = entertainment = other:

Pictures

1.9.	Identify pictures of personal care objects in books, magazines, and newspapers to complete functional tasks. (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ hygiene products and equipment □ exercise equipment and areas □ other: □ other:
1.10.	Identify pictures of household objects in reference materials, magazines, and newspapers to accomplish functional tasks. (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ furniture □ appliances □ interior design □ supplies □ entertainment □ other:
1.11.	Identify pictures of objects in the community in reference materials, magazines, and newspapers to accomplish functional tasks. (CL.B.1.In.2, CL.B.1.Su.2) Specify: □ buildings □ signs □ landmarks □ other:
1.12.	Identify pictures in textbooks, reference materials, magazines, and newspapers used in school assignments and homework or on field trips (e.g., pictures of events, monuments, maps, plants, animals, equipment). (CL.B.1.In.1, CL.B.1.Su.1)
1.13.	Match and discriminate pictures and shapes. (Reading A 2: III)
1.14.	Identify information from a picture. (Reading A 4: IV)
Word	S
1.15.	Identify the meaning of frequently used words (e.g., Dolch, survival words). (CL.B.1.In.1, CL.B.1.Su.2) Specify: □ common expressions □ opposite concepts □ temporal concepts □ simple categories □ directional concepts □ other: □ other:
1.16.	Identify the meaning of compound words and contractions. (CL.B.1.In.1, CL.B.1.Su.1)
1.17.	Identify the meaning of common prefixes, suffixes, and endings. (CL.B.1.In.1, CL.B.1.Su.1)
1.18.	Demonstrate an understanding of common words and expressions (e.g., stop, drink your milk, bye bye). (Language B 6: I, II)
1.19.	Comprehend simple opposite concepts (e.g., hot/cold, wet/dry, hard/soft, long/short). (Language B 8: II, III)

1.20.	Demonstrate an understanding of beginning concepts of time (e.g., today, now, later, yesterday). (Language B 9: III)
1.21.	Demonstrate an understanding of simple category words (e.g., clothing, food, animals). (Language B 11: IV)
1.22.	Demonstrate an understanding of directional concepts (e.g., above/below, backward/forward, top/bottom, in front/in back, left/right, around/through). (Language B 12: IV)
1.23.	Identify the meaning of vocabulary related to school assignments (e.g., homework, test, project, supplies). (CL.B.1.In.1, CL.B.1.Su.1)
1.24.	Identify own first name in manuscript. (Reading A 3: III)
1.25.	Read and comprehend frequently-used words from a specified word list (e.g., Dolch, SAML-R, or survival vocabulary). (Reading A 7: V, VI)
1.26.	Identify the meaning of vocabulary related to personal care activities (e.g., getting ready for work or school, managing finances, maintaining cleanliness of home or clothing, purchasing items). (CL.B.1.In.1, CL.B.1.Su.1) Specify: personal hygiene—brush, floss, shower, deodorant finances—balance checkbook, budget caring for clothes—wash, dry clean purchasing items—discount, sale, tax, charge other:
1.27.	Identify the meaning of vocabulary related to productive activities in the community (e.g., balancing a checkbook, completing transactions at the bank, volunteering for community service, checking out books at the library). (CL.B.1.In.1, CL.B.1.Su.1) Specify: banking—withdrawal, deposit, account number, balance library—library card, check out, due date, late charge post office—letter, stamp, express mail, package businesses—stores, services, clerk, customer, cashier volunteer service—organization, responsibilities, schedule other: other:
1.28.	Identify the meaning of vocabulary related to leisure activities (e.g., playing sports, attending a play or movie, playing a board game, participating in outdoor activities). (CL.B.1.In.1, CL.B.1.Su.1) Specify:

1.29.	Identify the meaning of vocabulary related to workplace activities (e.g., participating in a meeting, corresponding with co-workers, taking an appropriate break, working on a car, selling clothes, working on an assembly line). (CL.B.1.In.1, CL.B.1.Su.1) Specify: work hours—starting time, break, time card dress code—uniform, grooming locations—reception areas, parking, restrooms equipment—storage, maintenance, repairs, supplies other:
Signs	and Symbols
1.30.	Identify the meaning of symbols and icons on appliances, equipment, or controls (e.g., off, on, temperature control) to accomplish functional tasks. (CL.B.1.In.2, CL.B.1.Su.2) Specify:
1.31.	Identify the meaning of symbols and icons used on signs for buildings and public facilities to accomplish functional tasks (e.g., entering or exiting a building, using an elevator, using a public restroom). (CL.B.1.In.2, CL.B.1.Su.2) Specify: a exit and entrance signs a restroom signs a elevator signs a other:
1.32.	Identify the meaning of words and symbols in stores, restaurants, and other businesses in the community to accomplish functional tasks (e.g., shopping for groceries, eating at restaurants or fast food chains, going to the movies). (CL.B.1.In.2, CL.B.1.Su.2) Specify: order here cashier no food or drink allowed no smoking hours of operation no talking other: other:
1.33.	Recognize information communicated by common symbols and signs. (Reading A 1: III)
1.34.	Identify and demonstrate understanding of community signs and symbols. (Reading B 6: IV, V)

2.	Demonstrate	e expressive language s	skills.	
	CL.B.2.Su.1	prepare oral, written, or vis support.	ual information for e	expression—with guidance and
	CL.B.2.Su.2	express oral, written, or viswith guidance and support.		accomplish functional tasks—
	physical pro	ce and support necessary for n compt verb chnology supe	al prompt	visual prompt
Expr	essing Ideas a	nd Information		
2.1.	Use correct as	rticulation to pronounce	words correctly. (CO.A.1.In.1, CO.A.1.Su.1)
2.2.	Imitate or ap	proximate speech sound.	s. (Language A 3: I)	
2.3.	Imitate or ap	proximate words. (Langu	age A 4: II)	
2.4.	attending a relig (CO.A.1.In.1, C Specify:	d fluency appropriate for gious service, cheering at a spcO.A.1.Su.1) tone of voice fluency (rate and rhythm) duration	oorts event, talking in	n the halls of a hospital).
2.5.	(e.g., "I believe "I'm upset with Specify:	this is a valuable thing to do what you did."). (CL.B.2.In point on anger	." "This is what real .2, CL.B.2.Su.2) □ fact □ sadness	clearly in various situations ly happened." "I like you a lot." affection happiness mmunity workplace
2.6.	Express self-i	dentity by telling first na	me. (Language C 17	': II)
2.7.	Use language	e to give simple comman	ds. (Language C 18:	II)
2.8.	Express self-i	dentity by telling full nam	ne. (Language C 21:	III)
2.9.	CL.B.2.Su.2) Specify:	ns to another person to accompany another person to accompany another person to accompany another accompany a	up a reference, how the microwave, how for vacation, how to	to dress for physical education w to find a location

Course Number: 7961020 - Communication Skills for Functional Living 2.10. State steps to complete a task. (Language C 31: VI) 2.11. Express personal beliefs or opinions. (Language C 28: V) 2.12. Use appropriate vocabulary to communicate messages clearly, precisely, and effectively when sharing ideas, opinions, and information in a variety of situations. (CL.B.2.In.1, CL.B.2.Su.1) Specify: ____ \(\bar{\text{\tinte\text{\tinite\text{\text{\text{\text{\text{\text{\text{\text{\text{\texi{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\tiliex{\text{\text{\text{\text{\text{\text{\text{\text{\text{\texi{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\tin}}}}}}}}}}}} \encomegningetien \text{\texi}\tilex{\text{\texitilex{\text{\text{\texi}\tint{\text{\texi}}}\text{\text{\text{\text{\text{\text{\texi}\text{\text{\texit{\ti 2.13. Use appropriate grammar and sentence structure to communicate messages clearly, precisely, and effectively when sharing ideas, opinions, and information in a variety of situations. (CL.B.2.In.1, CL.B.2.Su.1) Specify: ____ \(\backsquare \) home ____ \(\backsquare \) school ____ \(\backsquare \) community ____ \(\backsquare \) workplace 2.14. Describe pictures or objects. (Language C 24: III) 2.15. Combine 3-5 words to verbally express phrases and sentences. (Language C 25: III) 2.16. Reproduce own first name. (Writing A 1: IV) 2.17. Structure communication by sequential events to complete functional tasks (e.g., tell about a vacation, tell a story, give directions for a process). (CL.B.2.In.2, CL.B.2.Su.2) 2.18. Structure communications with main ideas and relevant supporting details to accomplish functional tasks (e.g., summarize desired job, paraphrase a conversation to coworkers, contribute to a discussion, answer a question in class, make a presentation). (CL.B.2.In.2, CL.B.2.Su.2) Structure communications using logical order to express information to accomplish functional tasks (e.g., justifying a particular action, explaining a concept). (CL.B.2.In.2, CL.B.2.Su.2) Specify: ____ □ easy to difficult general to specific __ □ least important to most important ____ □ specific to general ____ \bigcup \text{most important to least important} ____ acause and effect ☐ other: **Expressing Needs and Desires** 1 1 00 11 1 1 1 1 1

2.20.	Use appropriate language to	express desires effe	ectively in various s	situations
	(e.g., "May I have more potatoes"	"" "I want to finish this	s job." "I don't care for	r spinach." "I would
	rather not go to that movie."). (C	L.B.2.In.2, CL.B.2.Su	1.2)	
	Specify: ¬ requests	refusals	$\underline{\hspace{1cm}}$ \Box other	• •
	Specify setting: \bigcup home	school	community _	uorkplace
2.21.	Use appropriate language to	express need for as	ssistance in various	situations
	(e.g., ask for help, raise hand, call	l person's name, press	a buzzer). (CL.B.2.In	.2, CL.B.2.Su.2)
	Specify setting: □ home	school	🗆 community	uorkplace

Cours	e Number: 7961020 - Communication Skills for Functional Living
2.22.	Use appropriate language to express the need for assistance in emergencies (e.g., alert others, describe emergency). (CL.B.2.In.2,.CL.B.2.Su.2) Specify setting:
2.23.	Express wants and needs. (Language C 20: II)
2.24.	Use language to indicate displeasure or dislike. (Language C 16: 1)
2.25.	Use language to indicate danger or give warnings to others. (Language C 22: III)
2.26.	Request clarification from teachers, supervisors, family, and peers when needed in various situations (e.g., when you do not understand a class assignment, when you need help on a work project, when you want to know how to do chores). (CL.B.2.In.1, CL.B.2.Su.1) Specify: □ home □ school □ community □ workplace
2.27.	Ask questions to obtain information and expand knowledge. (Language C 27: IV)
3.	Demonstrate communication skills necessary for social, vocational, and community living.
	SE.A.2.Su.1 interact acceptably with others within the course of social, vocational, and community living—with guidance and support.
	CO.A.1.Su.1 initiate communication and respond effectively in a variety of situations—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:
Using	Interpersonal Communication Skills
3.1.	Identify characteristics of communication that promote positive relationships with others (e.g., using words others understand, making polite comments). (SE.A.2.In.1, SE.A.2.Su.1)
3.2.	Demonstrate characteristics of communication that promote positive relationships with others in various situations. (SE.A.2.In.1, SE.A.2.Su.1) Specify: □ home □ school □ community □ workplace
3.3.	Use appropriate greetings when meeting other persons in various situations (e.g., formal—"Hello." informal—"Hi!" "How are you?" "Nice to see you."). (CO.A.1.In.1, CO.A.1.Su.1) Specify: □ home □ school □ community □ workplace
3.4.	Use language to initiate social greeting. (Language C 23: III)

Using Greetings and Conversations

3.5.	Respond appropriately to greetings in various situations (e.g., "Hello." "Thank you for inviting me." "It's nice to see you, too."). (CO.A.1.In.1, CO.A.1.Su.1) Specify:
3.6.	Use appropriate topics and responses when engaging in conversations (e.g., family—about your day, future, finances; friends—about what is happening in your life, shared interests, common experiences; unfamiliar persons—about the weather, sports, jobs or school, current events). (CO.A.1.In.1, CO.A.1.Su.1) Specify: □ with family □ with friends □ with familiar persons □ with unfamiliar persons
3.7.	Use language to respond to verbal greetings. (Language C 19: II)
3.8.	Use language to participate appropriately in conversation. (Language C 29: V)
3.9.	Use language to initiate conversation. (Language C 30: VI)
3.10.	Use language to relate recent personal experiences. (Language C 26: IV)
3.11.	Use appropriate language to end conversations (e.g., "It was nice talking with you." "Thank you for stopping by." "It was so good to see you again." "Let's keep in touch." "Talk to you soon." "Good-bye!"). (CO.A.1.In.1, CO.A.1.Su.1) Specify: □ home □ school □ community □ workplace
Using	Social Language Skills
3.12.	Use appropriate social language skills when communicating. (CO.A.1.In.1, CO.A.1.Su.1) Specify: initiating topics maintaining topics taking turns ending a conversation repairing communication breakdowns showing sensitivity to cultural differences other:
3.13.	Identify differences in communication skills needed for formal and informal situations (e.g., formal—using proper names, using a formal greeting and closing, maintaining eye contact with speaker; informal—using first names, using slang or casual terminology, using informal greeting and closing, not requiring constant eye contact). (CO.A.1.In.1, CO.A.1.Su.1)
3.14.	Differentiate appropriate styles of communication in formal and informal conversations. (Language B 15: V)
3.15.	Identify steps for introducing self to others (e.g., saying hello, shaking hands, stating first and/or last name). (SE.A.2.In.1, SE.A.2.Su.1)
3.16.	Demonstrate steps for introducing self to others in various situations (e.g., saying hello, shaking hands, stating first and/or last name). (SE.A.2.In.1, SE.A.2.Su.1) Specify: □ home □ school □ community □ workplace

3.17.	Identify communications job." "Well done." "I am imp with rewards; commending of	oressed with your wor	k." "I admire your ability	"; honoring others
3.18.	Demonstrate communical situations. (SE.A.2.In.1, SI Specify: ☐ home	E.A.2.Su.1)	_	
Initia	ting Communication			
3.19.	Use acceptable gestures, in various situations (e.g., shoulder shrug; hand signals Specify signal and situation:	gestures—head nod, —okay, thumbs up,	wave, wink; body langua stop, come here). (CO.A.	ge—arms crossed,
3.20.	Use acceptable words or others in various situation Specify: \bigcap home	ns. (CO.A.1.In.1, C	O.A.1.Su.1)	
Respo	onding to Communication	o n		
3.21.	Respond appropriately to situations (e.g., use "I" state and statements, ask if you ca CO.A.1.Su.1) Specify:	ements, make apologi n help, ignore or leav	es, acknowledge discrepa e the person alone). (CO.	ncy between actions A.1.In.1,
3.22.	Respond appropriately to various situations (e.g., ge CO.A.1.Su.1) Specify: \(\begin{array}{c}	environmental ar	nd social cues to chang in a line, not talking). (Co	ge behavior in O.A.1.In.1,
3.23.	Respond to other's generative how much you like the gift of (CO.A.1.In.1, CO.A.1.Su.1) Specify: \(\sqrt{\text{home}} \) home	or action, letting the p	person know how you wil	l use the gift).
3.24.	Respond to verbal and not (e.g., answering a question, c to the topic, restating what the CO.A.1.Su.1) Specify: \(\bar\) home	contributing to the contributing to the contributing and its	nversation, asking a releva implication, nodding hea	ant question pertainin d). (CO.A.1.In.1,
3.25.	Respond appropriately to (e.g., asking for more information correctly and briefly, commended discussed). (CO.A.1.Ir	ation related to the to	pic being discussed, answ	vering a question

Cours	e Number	: 7961020 - C	ommunication	Skills for Functiona	al Living
	Specify:	lome _	□ school _	community _	uorkplace
3.26.	Respond t	o voice or envi	ironmental sound	. (Language A 1: I)	
3.27.	Respond t	o own name. (I	Language B 5: I).		
Using	Functiona	al Communic	ation		
3.28.	activities. (Specify:	(IF.A.1.In.1, IF.A initiating prequesting requesting conveying responding	A.1.Su.1) personal care or heal assistance equipment, tools, of physical needs or de	r supplies esires ions, prompts, or questio	
3.29.	home. (IF. Specify:	A.1.In.1, IF.A.1. initiating prequesting requesting conveying responding	Su.1) productive activities assistance equipment, tools, o physical needs or de g accurately to direct	r supplies	
3.30.	communit Specify:	y. (IF.A.1.In.1, I initiating prequesting requesting conveying	F.A.1.Su.1) productive activities assistance equipment, tools, or physical needs or de	r supplies	
3.31.	IF.A.1.Su.1 Specify:) initiating l requesting _ requesting _ conveying	eisure activities assistance equipment, tools, or physical needs or de		

3.32.	Demonstrate functional communication skills used in selecting and using community resources. (IF.A.2.In.1, IF.A.2.Su.1) Specify: initiating selection and use of community resources requesting assistance requesting equipment, tools, or supplies conveying physical needs or desires responding accurately to directions, prompts, or questions other:
3.33.	Follow verbal directions with prompts to complete a one-step task. (Language B 7: II)
3.34.	Follow verbal directions without prompts to complete a one-step task. (Language B 10: III)
3.35.	Follow verbal directions to complete a two-step task. (Language B 13: IV)
3.36.	Follow verbal directions with more than two steps. (Language B 14: V)
Using	Listening Skills
3.37.	Identify the components of the listening process in order to listen more effectively in conversations and discussions (e.g., hearing, understanding, remembering what has been said). (CO.A.1.In.1, CO.A.1.Su.1)
3.38.	Identify behaviors which indicate different styles of listening when communicating with others (e.g., eye contact, body position, type of response given). (CO.A.1.In.1, CO.A.1.Su.1) Specify style: □ relaxed □ active □ social □ defensive □ other:
3.39.	Identify the difference between attentive and inattentive listening when participating in conversations (e.g., attentive—looking at speaker, taking notes, nodding head; inattentive—putting head down, talking to others, not looking at speaker, turning body away from speaker). (CO.A.1.In.1, CO.A.1.Su.1)
3.40.	Use critical listening skills to gain understanding. (CO.A.1.In.1, CO.A.1.Su.1) Specify: □ listening for content □ paying attention to cues—first, second, in summary, most important □ linking what is heard to prior knowledge and experiences □ considering emotional meaning □ other:
3.41.	Use strategies to improve effectiveness of own listening (e.g., empathize with and "read" people, be flexible in use of listening style, be sensitive to the environment, request and value feedback on own listening patterns). (CO.A.1.In.1, CO.A.1.Su.1)

3.42.	Use skills and strategies to remember and understand oral directions more effectively. (CL.B.1.In.2, CL.B.1.Su.2)	
	Specify: □ repeat directions □ paraphrase directions	
	write directions □ make a drawing or diagram	
	other:	
3.43.	Use skills and strategies to remember and understand directions involving demonstrations or models more effectively. (CL.B.1.In.2, CL.B.1.Su.2) Specify: verbalize key features or steps break into smaller components for practice practice with physical guidance other: other:	
4.	Demonstrate communication skills involving telephone use.	
	IF.A.1.Su.1 complete productive and leisure activities used in the home and community—with guidance and support.	
	Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:	
		_
4.1.	Identify telephones and their parts. (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ rotary dial, pushbutton □ handset □ answering machine □ other:	
4.2.	Identify different types of telephones in various settings (e.g., handsets, wall phones, decorator phones, cordless phones, cellular phones, pay phones, telecommunication devices for the speech or hearing impaired [TDDs]). (IF.A.1.In.1, IF.A.1.Su.1) Specify: □ home □ school □ community □ workplace	ıe
4.3.	Demonstrate the specific knowledge and skills required to use a telephone.	
	(IF.A.1.In.1, IF.A.1.Su.1)	
	Specify: \(\begin{align*} \begin{align*} \text{knowing function and use of telephone parts} \end{align*} \)	
	knowing function of various signals and tones	
	knowing correct way to dial local and long distance numbers	
	knowing how to get assistance with other telephone services	
	using a telephone directory	
	using emergency numbers such as operator or 911 using basic information numbers such as 411	
	using pay telephone	
	using pay telephone	
		

4.4.	Demonstrate specific knowledge and skills required to communicate by telephone (IF.A.1.In.1, IF.A.1.Su.1)
	Specify: • what to say when answering the phone, "Hello. This is"
	what to say when making a call, "Hello. Is there?"
	what to say when ending a call, "Bye. Talk to you later."
	\bigcup how to leave a message
	\(\sigma\) how to take a message
	\bigsilon \text{how to carry on a conversation on the phone}
4.5.	Identify and use emergency number $(0-911)$ on a telephone in an appropriate manner. (Social and Personal H 61: IV)
4.6.	Place and answer calls on the telephone in an appropriate manner. (Social and Personal H 62: V)
4.7.	Record a telephone message to accurately reflect information from incoming calls.
	(CL.B.2.In.2, CL.B.2.Su.2)
	Specify: □ caller's name □ date □ who they represent
	\bigcup time \bigcup phone number \bigcup message
	other:
5.	Demonstrate awareness of gestures, cues, and body language used by self and others.
	CO.A.1.Su.1 initiate communication and respond effectively in a variety of situations—with guidance and support.
	Indicate guidance and support necessary for mastery at supported level:
	physical prompt verbal prompt visual prompt visual prompt other:
5.1.	Identify the meaning of gestures, body language, and hand signals used while engaging in conversations (e.g., gestures—head nod, wave, wink; body language—arms crossed, shoulder shrug; hand signals—okay, thumbs up, stop, come here). (CO.A.1.In.1, CO.A.1.Su.1)
<i>5</i> 2	Identify magning of various facial ammagning will be accepted to the control of
5.2.	Identify meaning of various facial expressions while engaging in conversations. (e.g., smile, frown, grimace). (CO.A.1.In.1, CO.A.1.Su.1)
5.3.	Use appropriate nonverbal language and gestures when communicating in various situations. (CO.A.1.In.1, CO.A.1.Su.1)
	Specify:
	gestures Dody language
	\(\square\) hand signals \(\square\) other:
	Specify setting: \(\bar{\top} \) home \(\bar{\top} \) school \(\bar{\top} \) community \(\bar{\top} \) workplace
	Spring strong a workplace

Indicate guidance and support necessary for mastery at supported level: physical prompt verbal prompt visual prompt assistive technology supervision other:
Identify different types of alternative, augmentative, and technological devices for communication (e.g., communication boards, switches, electronic buttons with verbal cues, pictures or objects, letters to point and spell, words to point and make sentences, telephone, talking card reader). (CO.A.1.In.1, CO.A.1.Su.1)
Use a communication system for acquiring information and meeting communication needs that matches linguistic, physical, and cognitive ability. (CO.A.1.Su.1) Specify system: □ sign language □ total communication □ finger spelling □ augmentative communication □ verbal language □ symbol system □ other:
Identify need for own communication system and request its use in various situations. (CO.A.1.Su.1) Specify: □ home □ school □ community □ workplace
Initiate communication using augmentative communication system in various situations. (CO.A.1.Su.1) Specify: □ home □ school □ community □ workplace
Identify and perform basic maintenance procedures for own communication system. (CO.A.1.In.1, CO.A.1.Su.1)
Use one or more access modes to access own communication system in various situations. (CO.A.1.Su.1) Specify: activate a switch (eye gaze, manual board, electronic device) use a scanning array (linear, row/column, block, circular, quadrant, group) select directly (touching) other:
Specify setting: \(\bar{\text{u}} \) home \(\bar{\text{school}} \) school \(\bar{\text{community}} \) workplace
Use a presented symbol system to communicate in various situations. (CO.A.1.Su.1) Specify:
Specify setting: \(\text{\tint{\text{\tint{\text{\tinit}\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\texi}\text{\texi}}}\text{\text{\text{\texitt{\text{\text{\text{\text{\text{\texi}\text{\texiting{\text{\texit}\xi}}\text{\text{\texit{\texititt{\texit{\texit{\texi}\text{\texi{\texi{\texi{\texi{\texi{\texit{\texi}\texit{\texitit}}\xinttin

6.8.	Use appropriate social language skills when using an augmentative communication system in various situations. (CO.A.1.Su.1)
	Specify skill: initiating topics imaintaining topics
	\(\begin{align*} align*
	repairing communication breakdowns
	showing sensitivity to cultural differences
	other:
	Specify setting: \(\bigcup \) home \(\bigcup \) school \(\bigcup \) community \(\bigcup \) workplace
6.9.	Select and modify systems of communication to accommodate a variety of settings so that a reciprocal relationship between student and another can be established (e.g., use of sign language and verbal communications, use of augmentative and verbal communication). (CO.A.1.Su.1)
	Specify: \bigcup home \bigcup school \bigcup community \bigcup workplace
6.10.	Express and/or interpret ideas, information, attitudes, relationships, and experiences using sign language or total communication system. (CO.A.1.In.1, CO.A.1.Su.1)
	Specify system: □ sign language □ total communication system
	Specify setting: \(\bigcup \) home \(\bigcup \) school \(\bigcup \) community \(\bigcup \) workplace
6.11.	Receive communication through speech reading, finger spelling, and sign language with the aid of an interpreter in various situations. (CO.A.1.In.1, CO.A.1.Su.1)
	Specify method: □ speech reading □ finger spelling □ sign language
	Specify setting: \bigcup home \bigcup school \bigcup community \bigcup workplace